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Dr. Arezou Yaghoubian, MD

Board Certified in Plastic Surgery

Articulate, Board certified Plastic Surgeon with more than 15 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Plastic Reconstructive Surgery, Aesthetic Surgery, and Hand and Microsurgery.

EDUCATION

- **UCLA, David Geffen School of Medicine (-2002)**
Bachelor of Science, Molecular, Cell and Developmental Biology, Summa Cum Laude
- **UCLA, David Geffen School of Medicine (2006)**
Doctor of Medicine, MD
- **University of California, Los Angeles (2012)**
Residency, General Surgery
- **University of California, Los Angeles (2015)**
Fellowship, Plastic Reconstructive
- **University of California, Los Angeles (2016)**
Fellowship, Hand and Microsurgery

PROFESSIONAL EXPERIENCE

- **Kaiser Baldwin Park, General Surgeon (2009 to 2010)**
- **Aesthetica LA, Plastic and Reconstructive Surgeon (2016 to present)**

ACADEMIC APPOINTMENTS

- **Olive-View UCLA Medical Center, Dept of Plastic Surgery, Clinical Professor (2016 to present)**

LICENSURE AND CERTIFICATION

- American Board of Plastic Surgery
- California Board Certified Medical License
- Fluoroscopy supervisor and operator license

PROFESSIONAL MEMBERSHIPS

- American Society of Plastic Surgeons
- American Society for Surgery of the Hand
- American Association for Hand Surgery

HONORS AND AWARDS

- Medical School
 - Viola Hyde Scholarship (2006)
 - Association of Professors and Scholars of Iranian Heritage (2006)
 - AOA (2005)
 - Letter of Distinction Longitudinal Preceptorship (2005)
 - Southern California Society of Vascular Surgery Best Resident/Medical student Presentation (2005)
 - Letter of Distinction Ambulatory Internal Medicine (2005)
 - Letter of Distinction Inpatient Internal Medicine (2005)
 - Letter of Distinction Surgery (2004)
 - Letter of Distinction Obstetrics & Gynecology (2004)
 - 45th Annual National Student Research Forum Best Presentation in Surgery (2004)
 - Letter of Distinction Pathology (2003)
 - Letter of Distinction Microbiology & Immunology (2003)
 - Short Term Training Program (2003)
 - Letter of Distinction CABS (2002)
- Fellowship/ Residency
 - ASSH 2016 meeting scholarship winner (2016)
 - UCLA Resident Research award (2013)
 - Chief Resident Teacher of the year Award (2012)
 - Chief Resident Teamwork 360 Award – Chief resident of the year (2012)
 - Southern California ACS Trauma Paper Competition Winner (2011)
 - Southern California ACS, Resident Paper Competition Winner (2010)
 - Los Angeles Surgical Society Resident Forum Competition Winner (2008)
 - Los Angeles Surgical Society Resident Forum Competition Winner (2007)
 - Harbor-UCLA Medical Center Surgery Intern of the Year (2007)
 - RAS-ACS Leadership Scholarship (2007)
 - Los Angeles Surgical Society Resident Forum Competition Winner

FLUENT LANGUAGES

- English
- Farsi
- Spanish

RESEARCH & PUBLICATIONS

Publications

1. **County versus private hospitals: access of care, management, and outcomes for patients with appendicitis.** *Lee SL, Yaghoubian A, Kaji A.* JSLS. 2012 Apr-Jun;16(2):283-6.
2. **Laparoscopic Roux-en-Y Gastric Bypass and sleeve gastrectomy achieve comparable weight loss at one year.** *Yaghoubian A, Tolan A, Stabile B, Kaji A, Belzberg G, and Zane R.* Am Surg. 2012 Dec;78(12):1325-8.
3. **Laparoscopic vs open appendectomy; outcomes analysis.** *Yaghoubian A, Kaji AH, Lee SL.* Am Surg. 2012 Oct;78(10):1083-6.
4. **General surgery resident remediation and attrition: a multi-institutional study.** *Yaghoubian A, Galante J, Kaji A, Reeves M, Melcher M, Salim A, Dolich M, de Virgilio C.* Arch Surg. 2012 Sep;147(9):829-33.
5. **Does age affect the outcomes and management of pediatric appendicitis?** *Lee SL, Stark R, Yaghoubian A, Shekherdimian S, Kaji A.* J Pediatr Surg. 2011 Dec;46(12):2342-5.
6. **Are there racial disparities in the use of restraints and outcomes in children after motor vehicle crashes?** *Lee SL, Yaghoubian A, Stark R, Munoz V, Kaji AH.* J Pediatr Surg. 2012 Jun;47(6):1192-5.
7. **Are there differences in access to care, treatment, and outcomes for children with appendicitis treated at county vs private hospitals?** *Lee SL, Yaghoubian A, Stark R, Sydorak RM, Kaji A.* Perm J. 2012 Winter;16(1):4-6.
8. **Obesity Does Not Impact Outcomes for Appendicitis.** *DeUgarte D, Stark R, Kaji A, Yaghoubian A, Tolan A and Lee SL.* Am Surg. 2012 Feb;78(2):254-7.
9. **Are there racial disparities in the use of restraints and outcomes following motor vehicle collisions in Los Angeles County?** *Yaghoubian A, de Virgilio C, Kaji A, Putnam B, Neville A, Bricker S, and SL Lee.* Am Surg. 2011 Oct;77(10):1346-8
10. **Renal Insufficiency Predicts Mortality in Geriatric Patients Undergoing Emergency General Surgery.** *Yaghoubian A, Ge P, Tolan A, Saltmarsh G, Kaji A, de Virgilio C.* Submitted to 2011 SOCAL ACS Meeting. Am Surg. 2011 Oct;77(10):1322-5.
11. **The SGAP Flap in Breast Reconstruction - Back up or First Choice?** *Yaghoubian A, and Boyd B.* Plast Reconstr Surg. 2011 Jul;128(1):29e-31e.
12. **CTA as the Primary Diagnostic Modality in Penetrating Lower Extremity Vascular Injuries: A Level I Trauma Experience.** *Wallin D, Yaghoubian A, Rosing D, Wallot T, Chauvapun J, and de Virgilio C.* Ann Vasc Surg. 2011 Jul;25(5):620-3.
13. **Laparoscopic Versus Open Appendectomy in Children: Outcomes Comparison Based on Age,**

- Gender, and Perforation Status.** *Yaghoubian A, Kaji A, and Lee SL.* Arch Surg. 2011 Oct;146(10):1118- 21.
14. **Equal Access To Healthcare Does Not Eliminate Disparities In The Management Of Adults With Appendicitis.** *Lee S, Yaghoubian A, Stark R, Shekherdimian S.* J Surg Res. 2011 Mar 23.
 15. **Comparison of Pediatric Laparoscopic Appendectomy Outcomes Between Teaching and Nonteaching Hospitals: A Multi-Institutional Study.** *Lee SL, Yaghoubian A.* J Laparoendosc Adv Surg Tech A. 2010 Sep 27.
 16. **A Multi-Institutional Comparison of Pediatric Appendicitis Outcomes Between Teaching and Nonteaching Hospitals.** *Lee S, Yaghoubian A, and de Virgilio C.* J Surg Educ. 2011 Jan-Feb;68(1):6-9. Epub 2010 Nov 5.
 17. **Optimal Deployment of Trauma Personnel in the 80-hour Work Week Era Based on Peak Times of Trauma Patient Arrival.** *Yaghoubian A, de Virgilio C, Destro L, Kaji A, Putnam B, and Neville A.* Am Surg. 2010 Oct;76(10):1039-42.
 18. **The Use of Drotrecogin Alpha for Necrotizing Soft Tissue Infections.** *Rosing D, Yaghoubian A, Putnam B, Neville A, Kaji A, de Virgilio C.* Am Surg. 2010 Oct;76(10):1104-7.
 19. **Predicting Performance on the ABS Qualifying and Certifying Examinations: A Multi-Institutional Study.** *de Virgilio C, Yaghoubian A, Kaji A, et al.* Arch Surg. 2010 Sep;145(9):852-6.
 20. **Comparison of Pediatric Laparoscopic Appendectomy Outcomes Between Teaching and Nonteaching Hospitals: A Multi-disciplinary Study.** *Yaghoubian A, Sydorak R, Lau S, and Lee SL.* Accepted in Journal of Laparoendoscopic & Advanced Surgical Techniques.
 21. **Appendicitis Outcomes Are Better at Resident Teaching Institutions: A Multi-Institutional Analysis.**
Yaghoubian A, Lee S, and de Virgilio C. Am J Surg. 2010 Dec;200(6):810-3; discussion 813.
 22. **Trauma Surgery Performed by “Sleep Deprived” Residents: Are Outcomes Affected?** *Yaghoubian A, Kaji A, Putnam B, and de Virgilio C.* J Surg Educ. 2010 Nov-Dec;67(6):449-51. Epub 2010 Nov 7
 23. **Clinical Predictors of Monitored Care in Gallstone Pancreatitis Decrease ICU Utilization.** *Yaghoubian A, Aboulian A, Chan T, Ishaque B, Wallin D, Putnam B, Stabile B, and de Virgilio C.* Am Surg. 2010 Oct;76(10):1147-9.
 24. **July Effect and Appendicitis.** *Yaghoubian A, Lee SL, Chiu V, and de Virgilio C.* J Surg Educ. 2010 May- Jun;67(3):157-60.
 25. **Acute Care Surgery Performed by Sleep Deprived Residents: Are Outcomes Affected?** *Yaghoubian A, Kaji A, Ishaque B, Park J, Rosing D, Lee S, Stabile B, and de Virgilio C.* J Surg Res. 2010 Oct;163(2):192-6. Epub 2010 May 6. **Featured in Daily Breeze**
 26. **Early cholecystectomy safely decreases hospital stay in patients with mild gallstone pancreatitis: a randomized prospective study.** *Aboulian A, Chan T, Yaghoubian A, Kaji AH, Putnam B, Neville A, Stabile BE, de Virgilio C.* Ann Surg. 2010 Apr;251(4):615-9.
 27. **Elevated Blood Alcohol Level May Be Protective of Trauma Mortality.** *Yaghoubian A, Kaji A, Putnam B, de Virgilio N, and de Virgilio C.* Am Surg. 2009;75(10): 950-953.
 28. **Peripheral Vascular Surgery Without Preoperative Cardiac Stress Testing: A Prospective Study.** *De Virgilio C, Yaghoubian A, Nguyen A, Lewis RJ, Dauphine C, Harrington D, and Sarkisyan G.* J Am Coll Surg. 2009 Jan;208(1):14-20.
 29. **Low sensitivity of physical examination findings in necrotizing soft tissue infection is improved with laboratory values: a prospective study.** *Chan T, Yaghoubian A, Rosing D, Kaji A, de Virgilio*

- C. American Journal of Surgery. 2008;196 (6): 926-930.
30. **Plication as Primary Treatment of Steal Syndrome in Arteriovenous Fistulas.** *Yaghoubian A and de Virgilio C.* Ann Vasc Surg. 2009; 23(1):103-107.
 31. **Total Bilirubin is a Useful Predictor of Retained Common Bile Duct Stone in Gallstone Pancreatitis.** *Chan T, Yaghoubian A, Rosing D, Lee E, Lewis RJ, Stabile BE, and de Virgilio C.* Am Surg. 2008 Oct;74(10):977-80.
 32. **Decreased Bile Duct Injury During Laparoscopic Cholecystectomy in the 80-Hour Resident Workweek Era.** *Yaghoubian A, Saltmarsh G, Rosing DK, Lewis RJ, Stabile BE, and de Virgilio C.* Arch Surg. 2008 Sep;143(9):847-51; discussion 851.
 33. **Impact on Patient Outcomes Following Closure of an Adjacent Trauma Center.** *Yaghoubian A, Putnam B, Lewis R, de Virgilio C.* Am Surg. 2008 Oct;74(10):930-4.
Featured in Daily Breeze and Los Angeles Times Oct 2008
 34. **Can the National Kidney Foundation guidelines for first time AVF creation be met in underserved ESRD patients?** *Yaghoubian A, Lewis R, and de Virgilio C.* Ann Vasc Surg. 2008 Jan-Feb;22(1):5-10.
 35. **Early cholecystectomy for mild to moderate gallstone pancreatitis shortens hospital stay.** *Rosing DK, de Virgilio C, Yaghoubian A, Putnam BA, El-Masry M, Kaji A, and Stabile BE.* J Am Coll Surg. 2007 Dec;205(6):762-6. Epub 2007 Sep 17. *CME paper.*
 36. **Admission Serum Lactate and Sodium are Predictors of Mortality in Necrotizing Soft Tissue Infections.** *Yaghoubian A, de Virgilio C, Dauphine C, Lewis R, and Lin M.* Arch Surg. 2007 Sep;142(9):840-6; discussion 844-6. *CME paper.*
 37. **Re-analysis of Pre-Hospital Intravenous Fluids Administration in Patients with penetrating Truncal Injury and Field Hypotension.** *Yaghoubian A, Lewis R, de Virgilio C, Putnam B.* Am Surg. 2007 Oct;73(10):1027-30.
 38. **Gallstone Pancreatitis: A Benign Disease in Hispanics.** *Yaghoubian A, de Virgilio C, El-Masry M, Lewis R, and Stabile B.* Am Surg. 2007 Oct;73(10):1071-4.
 39. **Increased incidence of renal cysts in patients with abdominal aortic aneurysms: A common pathogenesis?** *Yaghoubian A, Sarkisyan G, White R and de Virgilio C.* Ann Vasc Surg. 2006 Nov; 20(6):787-91.
 40. **Non-iatrogenic aneurysm of the distal radial artery: A case report.** *Yaghoubian A and de Virgilio C.* Ann Vasc Surg. 2006 Nov; 20(6):784-6.
 41. **The 80-hour resident workweek does not adversely affect patient outcomes or resident education.** *de Virgilio C, Yaghoubian A, Lewis R, Stabile B, and Putnam B.* Curr Surg. 2006 Nov-Dec;63(6):435-9; discussion 440.
 42. **The benefits of Roux-en Y gastric bypass for morbid obese patients.** *Yaghoubian A and Liu CD.* Journal of Investigative Medicine 2004; 52(1): S174.
 43. **Photodynamic therapy by two dye cascade of human pancreatic cancer suppresses vascular endothelial growth factor and cell growth.** *Liu CD, Yaghoubian AT, Kwan D, McFadden DW, Paiva M, and Saxton RE.* Abstract published in Gastroenterology, 2001.