



California Medical Evaluators
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Dr. Anthony Grajeda, DC, CICE
Board-Certified in Chiropractic

Board-certified chiropractor with more than 25 years of experience.

EDUCATION

- **Palmer College of Chiropractic West**, San Jose, CA (1991)
Doctorate of Chiropractic
- **California State University, Long Beach**, Long Beach, CA (1985)
Bachelors degree, Biology
- **College of Sequoias Visalia**, CA
Associate degree

PROFESSIONAL EXPERIENCE

- **Affiliated Neurology Center**, Mission Viejo, CA – Chiropractor (2001-present)

Performing the task of primary treating physician

Seeing up to 25-30 patients per day. Along with spinal and extremity manipulation, evaluating spine related neuromuscular conditions, take patients' history, performing physical examinations, and reviewing all available diagnostic studies and medical records to diagnose and implement treatment plans. If the patient presented and no diagnostic studies were performed and were necessary for the patient's care, X-ray studies, MRI examination, CT or other appropriate studies to properly manage their care will be ordered. The patient would have a progress report each 30 days or 12 visits. I would be in charge of the patient's care until they reached maximum medical improvement. I would then make the determination as to their disability if any, causation of disability, apportionment to contributing factors and what their future medical care would require.

Referral to specialists and consult with other medical providers

Some patients would be referred to a specialist to coordinate care, including the following specialists: orthopedic surgeon, neurologist, TMJ dentist, and/or urology.

Specialized treatment provided

Training through a three-year post-graduate program to attain Diplomate of the Academy of Chiropractic Orthopedist neuromuscular specialist. Training and certification through the U.S. Department of Transportation as Certified Medical Examiner. Appointed by the State of California as Qualified Medical Evaluator for permanent impairment rating.

Supervising the use of modalities and physical therapy

I supervise the use of physical therapy modalities including ultrasound, electrical stimulation, infrared heat, manual and mechanical traction, active and passive range of motion. The use of physical therapy modalities is part of the treatment regimen to improve the patient's outcome by reducing their inflammation and pain. I supervise technicians and other providers in the use of these modalities, including time and intensity settings.

Using durable medical equipment and braces

Often patients have been prescribed durable medical equipment including transcutaneous nerve stimulation equipment, and braces in order to reduce pain and inflammation and provide structural support. Some patients have been able to reduce their pain medication usage by utilizing topical analgesics such as "Biofreeze."

Developing self-management treatment plans for patients with chronic pain conditions

As the primary treating physician, my duties include developing self-management treatment plans in conjunction with the patients' disability. The patient will be instructed on the treatment plan a regular follow-up examination to evaluate the patients' progress.

Key accomplishments

I have provided chiropractic care for patients with disabling injuries and disorders assisted them in returning to their employment with a reduction of pain and increase in function and quality of life. I have provided care to reduce the patient's pain and their need for pain medications. I have provided patients with wellness and exercise regimens for future medical care.

Lecture and presentation

a. Future Industrial Technologies-Back Safe.Com:

Injury prevention and ergonomic training. Certification 1992. Presenting injury prevention education and ergonomic training to employees for various companies and organizations.

b. Southern California University of Health Sciences:

In 2001 I lectured on the Importance of report writing in the California Workers' Compensation system. The primary treating physician's report is essential in determining the issues.

LICENSURE AND CERTIFICATION

- Certified Independent Chiropractic Examiner (CICE)
- Board-Certified, Academy of Chiropractic Orthopedist (Certification #402)
- Board Certification as Neuro-Musculoskeletal Specialist (#402)

- California State Appointed Qualified Medical Evaluator (#20609) Permanent impairment for Workers' Compensation
- National Registry of Certified Medical Examiners U.S. Dept. of Transportation (#7888113174)

PROFESSIONAL MEMBERSHIPS

- Diplomate, Academy of Chiropractic Orthopedist
- Member, American College of Chiropractic Orthopedist

AFFILIATIONS

- Colors of Hope Cancer Foundation – Founder/President (2005-2013)
- Therapeutic Riding Center of Huntington Beach – Board Member (1993-1995)