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Dr. Eric Levander M.D., M.P.H.

Psychiatry

Board certified by the American Board of Psychiatry & Neurology

EDUCATION

- **B.A., Art History & Biology, University of California at Santa Cruz (1993)**
 - Education Abroad Program, Universidad Complutense de Madrid (1990-1991)
- **M.P.H., University of California at Berkeley (1998)**
- **M.D., University of California at San Francisco (1999)**

POST-GRADUATE TRAINING

- **Residency**
 - Harbor-UCLA Medical Center, Torrance, California (1999-2003)
- **Fellowship**
 - Mood Disorders Research Program - UCLA Neuropsychiatric Hospital and Institute, 2003-2005
 - Deutsch Foundation Mood Disorders Clinical Fellow - UCLA Neuropsychiatric Hospital and Institute, 2005-2006

PRESENT POSITIONS

- **Assistant Clinical Professor of Medicine**
 - UCLA Department of Psychiatry and Biobehavioral Sciences David Geffen School of Medicine at UCLA 2009-present
- **Attending Psychiatrist, Bipolar Disorders Clinic**
 - Mental Health Clinic
 - VA Medical Center -- West Los Angeles 2006 – Present
- **Fellow, American Psychiatric Association**
- **Southern California Psychiatric Society**
 - NAMI Liaison 2006- Present
- **Public Affairs Committee Chair 2006 – Present**

PREVIOUS POSITIONS

- **Clinical Instructor of Medicine**
 - Department of Psychiatry and Biobehavioral Sciences David Geffen School of Medicine at UCLA Harbor-UCLA Medical Center 2006 – 2009
- **Psychiatrist**
 - Macdonald Carey East Valley Mental Health Center 2008-2009
- **Team Psychiatrist**
 - Telecare Area 42003-2008
- **Research Clinician**
 - Mood Disorders Research Program UCLA Neuropsychiatric Hospital and Institute 2003 - 2006
- **Southern California Psychiatric Society**
 - West Los Angeles Councillor 2004- 2011
 - Member Public Psychiatry Committee 2003 – 2010

PROFESSIONAL SOCIETIES

- American Psychiatric Association
- Southern California Psychiatric Society
- American Medical Association
- Los Angeles Medical Association
- California Medical Association
- Association for Behavioral and Cognitive Therapies

LECTURES

1. CBASP Treatment for Chronic Depression, Harbor UCLA Medical Center, Torrance, CA 2011
2. CBASP Treatment for Chronic Depression, Harbor UCLA Medical Center, Torrance, CA 2010
3. CBASP Treatment for Chronic Depression, Harbor UCLA Medical Center, Torrance, CA 2009
4. CBASP Treatment for Chronic Depression, Harbor UCLA Medical Center, Torrance, CA 2008
5. CBASP Treatment for Chronic Depression, Cognitive Behavior Therapy Institute, Los Angeles, 2007
6. The CBASP Treatment for Chronic Depression, Cedars-Sinai Medical Center, Los Angeles, 2007

PRESENTATIONS

1. **Levander, E:** *CBASP, an Evidence-Based Psychotherapy for the Treatment of the Chronically Depressed Patient*. American Psychiatric Association Meeting, Philadelphia, PA, May 2011
2. **Levander, E, Holler, R:** *Treating the Chronically Depressed Patient Using CBASP*. American Psychiatric Association Meeting, Honolulu, HI, May 2011

3. **Levander, E**, Furukawa, TA: *Treating the Chronically Depressed Patient Using CBASP*. American Psychiatric Association Meeting, New Orleans, LA, May 2010.

4. **Levander, E**, McFarr, LM: *Treating the Chronically Depressed Patient Using CBASP*. American Psychiatric Association Meeting, San Francisco, CA, May 2009.

5. **Levander, E**, McCullough, JP: *Treating the Chronically Depressed Patient Using CBASP*. American Psychiatric Association Meeting, Washington D.C., May 2008.

6. Frye MA, **Levander E**, McElroy S, Suppes T, Keck P, Nolen W, Leverich GS, Grunze H, Walden J, Kupka R, Altshuler LL, Mintz J, Post R: *Additional axis I comorbidity in patients with bipolar disorder and alcoholism*. Fourth European Stanley Conference on Bipolar, Aarhus, Denmark, September 2004.

7. **Levander E**, Frye MA, Hwang S, McElroy SL, Keck PE, Altshuler LL, Suppes, T, Leverish GS, Nolen WA, Kupka RW, Grunze H, Walden J, Post RM: *The impact of alcoholism on bipolar illness morbidity*. American Psychiatric Association Meeting, New York, NY May 2004.

8. **Levander, E**. *Shackles and Gold: Advocating for Patients and Psychiatrists*. Workshop presented at the APA Institute on Psychiatric Services, Chicago, IL October 2002.

RESEARCH PAPERS

- Bearden CE, Shih VH, Green MF, Gitlin M, Sokolski KN, **Levander E**, Marusak S, Hammen C, Sugar CA, Altshuler LL. The impact of neurocognitive impairment on occupational recovery of clinically stable patients with bipolar disorder: a prospective study. *Bipolar Disord*, 2011;13:323-33.

- Cardenas J, Frye MA, Marusak SL, **Levander E**, Chirichigno JW, Lewis S, Nakelsky S, Hwang S, Mintz J, Altshuler LL: Modal subcomponents of metabolic syndrome in patients with bipolar disorder. *J Affective Disorders*, 2008;106: 91-97.

- **Levander E**, Frye MA, Mcelroy S, Suppes T, Grunze H, Nolen WA, Kupka R, Keck PE, Leverich GS, Altshuler LL, Hwang S, Mintz J, Post RM: Alcoholism and anxiety in bipolar illness: differential lifetime anxiety comorbidity in bipolar I women with and without alcoholism. *J Affective Disorders*, 2007; 211-7.

- **Levander E**. New Strategies for Managing Bipolar Disorder. *Resident and Staff Physician*. 2004; 50: 7-12.

ADDITIONAL INFORMATION

- **Languages**

- English and Spanish

- **Licensure**

- California – A72968

- **Board Certification**

- Psychiatry and Neurology (Psychiatry)

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