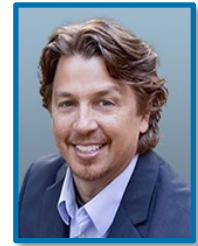




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**Dr. James O'Dowd, PsyD**  
*Licensed Clinical Psychologist*

## EDUCATION

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- **California School of Professional Psychology (2000)**  
Doctor of Clinical Psychology
- **Binghamton University (1990)**  
Bachelor of Arts, Psychology

## PROFESSIONAL EXPERIENCE

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- **Private Practice, San Francisco, CA (2003-present)**
  - Individual, family, couples and group psychotherapy with children, adolescents, and adults. Also conducted psychodiagnostic batteries and assessments, Workers' Compensation and disability evaluations, and Qualified Medical Evaluations.
- **Mission Psychology Group, Inc. (2010-2017)**
  - President and Clinical Director of psychological corporation that offers psychological services to injured workers and conducts medical-legal evaluations. As a Qualified Medical Evaluator, I have conducted over 500 med-legal evaluations (including QMEs and SIBTF evaluations). Additionally, I facilitated the start-up of psychological services for the Functional Restoration Program at Central Coast Pain Institute.
- **Lick Wilmerding High School (2007-2010)**
  - Assistant Director of Counseling at prestigious private high school. Responsible for assessment, referrals and conducting short-term counseling, facilitating coping skills groups, and assessment and remediation treatment with learning challenged students.
- **Kaiser Permanente-Hayward (2001-2007)**

- Staff Psychologist at Psychiatric Outpatient Clinic for large Health Maintenance Organization whose responsibilities include: conducting intake assessments and providing individual, play, family, and couples therapy for large caseload of pediatric clients; start-up and leading of Anger Management Group, Social Skills and Divorce Group; supervising psychology interns with testing protocols; conducting pediatric psychological tests; providing hospital/emergency department consultations; and triaging and screening of patients who are in crises.
- **Making Waves (2004-2005)**
  - School Psychologist at after school educational program for at-risk children. Provided individual, family and group therapy to multiculturally diverse caseload. Conducted cognitive and psychological testing.
- **Children's Hospital Oakland – Department of Psychiatry (2000-2001)**
  - Intern for pediatric trauma center of Northern California that provides acute and continuing care to a diverse and underserved population. Responsibilities include: acting as individual and family therapist for a caseload of 15 pediatric outpatients and medical inpatients; consulting with multi-disciplinary medical team of doctors, nurses and social workers about psychosocial factors related to medical problems of inpatients; developing, recruiting, and co-leading Social Skills Group for latency-aged boys with behavioral disorders; providing outreach and consultation to middle schools regarding effective behavioral management interventions, conducting psychological evaluations; administering neuropsychological and psychodiagnostic testing; and facilitating involuntary psychiatric hospitalizations of emergency room patients.
- **Seneca Center (2000-2001)**
  - Therapist at sub-acute psychiatric residential facility for severely emotionally disturbed adolescents. Responsibilities included: conducting individual, family, and case management duties for clients; development, start-up and leading Narrative Therapy Group; supervision of residential counselors; and acting as direct-care staff using behavioral modification interventions.
- **Kids' Turn (1999-2001)**

- Workshop leader whose responsibilities include directing and facilitating divorce group utilizing an education-based curriculum for children and adults; teaching coping skills and effective parenting skills; and helping families identify and communicate feelings experienced during separation or divorce.
- **Walnut Creek Hospital (1999-2000)**
  - Intake Clinician  
Intake Clinician in Assessments and Referrals Department of inpatient psychiatric hospital. Responsibilities included: assessing and diagnosing pediatric, adolescent, adult, and geriatric populations for psychiatric, dual-diagnosis and chemically dependent disorders; evaluating patients' needs and formulating treatment plans for admission into hospital's inpatient, partial or day treatment programs; securing patients financial and insurance benefits and collaborating with case management, utilization review and business office staff; and triaging incoming calls and employing crisis intervention techniques when appropriate.
  - Group Therapist  
Responsibilities included leading and facilitating therapy groups for adult, adolescent and child units using a cognitive-behavioral orientation and participating in formulation of treatment and discharge plans.
- **Marin County Community Mental Health (1998-1999)**
  - One of ten pre-doctoral interns at a multi-service community mental health center whose responsibilities included: acting as primary therapist to 15 clients with acute and chronic mental disorders over a ten month period on both the Youth and Family Team and the Adult Team; providing acute care evaluations on the Psychiatric Emergency Team, and scheduled intakes for outpatient services on the Clinical Assessment Team; consulting with multi-disciplinary team of psychologists, psychiatrists, social workers, and nurses to formulate treatment strategies; leading group for young adults with mental illness who are transitioning to independent living situations; and conducting AB3632 assessments to determine eligibility of children for outpatient services.

- **Sunset Mental Health Services (1997-1998)**
  - One of twelve practicum trainees at large mental health clinic that delivers services to adults, families, and children utilizing a biopsychosocial orientation. Responsibilities included: acting as primary therapist to diverse caseload of thirteen severely mentally ill adults, higher functioning adults, and children; leading and facilitating self-esteem groups for adolescent girls and substance abuse groups for dual diagnosis clients; interfacing and consulting with multi-disciplinary team of psychiatrists, psychologists, nurses, and social workers to formulate treatment strategies; acting as milieu therapist for day treatment and outpatient clients; conducting collateral meetings with family members; performing case management duties; administering psychological and neuropsychological assessments; and conducting intakes.
- **Haight Ashbury Psychological Services (1996-1997)**
  - One of twenty-four trainees at mental health clinic that utilizes an eclectic orientation but emphasizes cognitive-behavioral, psychodynamic, and systemic approaches. Responsibilities included: acting as primary therapist with a diverse caseload of eight clients for twelve-month period; assessing clients condition and making multi-axial assessments, deriving formulations, devising goals, and implementing interventions; collaborating with clinic psychiatrist, as well as other mental health professionals regarding client medications and concerns; and conducting case-presentations at case conferences.
- **San Francisco General Hospital – Psychosocial Medicine/Depression Clinic (1995-1996)**
  - Trainee for NIMH study comparing the efficacy of case management and cognitive-behavioral interventions on depression in geriatric populations. Responsibilities included: conducting intakes and structural interviews that assessed client's demographics, depression and Axis I and II disorders; performing reliability checks on various aspects of program by monitoring cognitive-behavioral and case management sessions; and orienting clients to experiment procedures.

## OTHER WORK EXPERIENCE

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- **Federal Reserve Bank of California (1996-1999)**
  - Involved in the start-up of national marketing research project surveying the use of new banking software. Responsibilities included: defining parameters of population and drawing of random sample; preparation and programming of questionnaire; monitoring, managing, and analyzing all in-coming data using S.P.S.S.; evaluating statistical significance of results; and presentation of conclusions to Board of Directors at study's end.
- **Blue Shield of California (1993-1995)**
  - Technical Writer for Small Business Department with the following responsibilities: analyzing and developing layout needs for contracts and promotional booklets in accordance with regulatory requirements; consulting with outside printers and vendors regarding manuscript changes; and programming, trouble-shooting, and maintaining computer software.