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Dr. Paul Sandhu, MD

Double Board-Certified in Physical Medicine & Rehabilitation and Pain Medicine

Double board-certified in Physical Medicine & Rehabilitation and Pain Medicine with more than 15 years of clinical expertise.

EDUCATION

- **Ohio State University, Columbus, OH (1987-1991)**
Bachelor of Arts, Zoology (Cum Laude)
- **Ohio State University College of Medicine, Columbus, OH (1991-1996)**
Medical Degree
- **Riverside Methodist Hospital, Ohio State University Affiliate (1996-1997)**
Internship
- **Harvard University/Massachusetts General Hospital/Spaulding Rehab. Hospital (1997-2000)**
Residency, Physical Medicine & Rehabilitation
- **Wharton School/University of Pennsylvania (2015-2017)**
M.B.A.

PROFESSIONAL EXPERIENCE

- **Painsolvers Inc., Oakland, CA and Honolulu, HI – Medical Director (2001-present)**
- **Kaiser Permanente, Bakersfield, CA – Director, Dept. of Physical Medicine & Rehab (2000-2001)**
- **Harvard Dept. of Physical Medicine & Rehab – Resident Psychiatrist (1997-2000)**
- **John Muir Medical Center, Walnut Creek, CA – Staff Psychiatrist (2001-2007)**
- **Mount Diablo Medical Center, Concord, CA – Staff Psychiatrist (2002-2003)**
- **Saint Francis Liliha Hospital, Honolulu, HI – Psychiatrist (2000-2003)**
- **Laser Surgery Center, Walnut Creek, CA – Psychiatrist (2001-2003)**

- **Pleasanton Surgery Center**, Pleasanton, CA – Medical Director (2003-2005)
- **Kuakini Medical Center**, Honolulu, HI - Interventional Pain Management Privileges (2008-2010)

ACADEMIC APPOINTMENTS

- **Clinical Fellow**, Harvard Dept. of Physical Medicine and Rehabilitation (1997-2000)
- **Clinical Fellow**, Neurology, Massachusetts General Hospital-Partners Healthcare (1997-2000)
- **Clinical Fellow**, Neurology, Brigham and Women’s Hospital-Partners Healthcare (1997-2000)

LICENSURE AND CERTIFICATION

- Fellow, American Board of Disability Analysts
- Fellow, American Academy of Physical Medicine and Rehabilitation
- Member, American Academy of Pain Medicine
- American College of Sports Medicine: Team Physician Certification
- Full Medical Licensure: California
- Fluoroscopy and radiography supervisor and operator certification

HONORS AND AWARDS

- Full Academic Scholarship to Ohio State University (1987-1991)
- Intern Procedure Award (1997)

RESEARCH & PUBLICATIONS

- 1) “Monoclonal antibody with the Neoprobe Gamma Detector in a nude mouse model.” Marianne K. Lange, Anahat K. Sandhu, James Sampsel, M.D., George Hinckle, R.Ph., M.S., J. Ignazewski, Paul Sandhu, Edward Martin, III, Edward Martin, Jr. M.D., Journal of Surgical Research, 55, pp. 205–213 (1993)

- 2) “In Vivo and Ex-Vivo Demonstration of Immu-4 Fab Fragment Uptake by CX-I Using the Neoprobe Gamma Detector in the Nude Mouse.” Lange, MK, Sandhu, AK, Sampsel, J, Lavalley, G, Hinckle, G, Sandhu, GS, Martin, EW Jr., M.D., American Association for Cancer Research (May 23–26, 1990)

- 3) "Comparison of CC49 and NR-LU-10 Monoclonal Antibodies in a Nude Mouse model Using the Neoprobe Gamma Detector." Lange, MK, M.D., Nieroda, CA, M.D., Sampsel, J, M.D., Hinckle, G, M.D., Sandhu, A, Ignazewski, J, Sandhu, GS, Martin, EW, Jr., M.D., The Society of University Surgeons, 51st annual meeting, Los Angeles, CA (Feb. 8–10, 1990) Postgraduate
- 4) "Colostomy Satisfaction Level Among Myelopathy Patients: A Survey." Sandhu, P, M.D., Lee, L, M.D., Ahmed, N, M.D., Frisbie, J, M.D. Poster Presentation at AAPM&R national conference (11/1998)
- 5) "Colostomy Satisfaction Level Among Myelopathy Patients: A Survey." Sandhu, P, M.D., Lee, L, M.D., Ahmed, N, M.D., Frisbie, J, M.D. Paper Presentation at AAPM&R national conference (11/1998)
- 6) "Osteoporosis Among SCI patients." Sandhu, P, M.D., Grand Rounds Presentation, West Roxbury VAMC (12/1998)
- 7) "Rotator Cuff Tendinitis - Rehabilitation Considerations." Sandhu, P, M.D., Medical Grand Rounds, Salem Hospital (1/1998)
- 8) "Land Mines: A Deadly Legacy." Sandhu, P, M.D., American Association of Physical Medicine and Rehabilitation Residents' Speech; Physician Council Interim Meeting (3/1998, Chicago, Illinois) Ratified and accepted by the RPC for submission to the AAPM&R Board of Governors
- 9) "The International Effort to Ban Land Mines." Sandhu, P, M.D., American Association of Physical Medicine and Rehabilitation Residents' Physician Council Newsletter (Spring 1998)
- 10) "Pulsed Dose Ultrasound for Osteoporosis." Sandhu, P, M.D. Prepared prototype ultrasound unit with M.I.T. Mechanical Engineering Department (1999–2000)

- 11) "A Critical Review of the Jobe's Supraspinatus Test and a Proposed Superior Alternative Testing Method." Sandhu, P, M.D. (1999–2000)

- 12) "Injury Rates in Martial Arts Tournaments: A Review." Burke, D, M.D., Sandhu, P, M.D. (1999–2000) Publication pending

- 13) "Acute Demyelinating Encephalomyelitis: A Case Study." Agranoff, A, M.D., Sandhu, P, M.D., Stein, J., M.D. Presented at AAPM&R conference (1999)