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Dr. Narendra Gurbani, MD

Board-Certified in Orthopaedic Surgery

*Board-Certified surgeon with more than 30 years of clinical expertise.
Highly specialized in foot and ankle surgeries.*

EDUCATION

- **Rancho Los Amigos Medical Center**, Downey, CA (July 1985 - December 1985)
Foot and Ankle Fellowship
- **Rancho Los Amigos Medical Center**, Downey, CA (January 1985 - June 1985)
Pediatric Orthopaedics Fellowship
- **Elyria Memorial Regional Medical Center**, Elyria, OH (1984)
Orthopaedic Residency
Rotation: Maryland Institute of Emergency Medical Services, Baltimore, MD

APPOINTMENTS

- **Director, Foot and Ankle Services** - Kaiser Permanente, Downey Medical Center (1986-2018)
- **Staff Orthopaedic Surgeon** – Kaiser Permanente, Downey Medical Center (1986-2018)
- **Director, Foot and Ankle Fellowship Program** – Kaiser Permanente, Downey (2011-2018)
- **VLGPF Delegate, Kaiser Permanente** – House of Delegates, California Med. Assoc. (2007-2016)
- **VLGPF Board Member** – House of Delegates, California Medical Association (2012-2016)
- **Member, Foot & Ankle Subcommittee** – American Academy of Orthopaedic Surgeons(2011-14)
- **Committee Chair, Care for Caregivers Committee** – Kaiser Permanente, Downey (1998-2006)
- **Director, International Traveling Fellowship** – Kaiser Permanente, Downey (1999-2001)
- **Elected Member, Physician Council** – Kaiser Permanente, Downey (1998-2001)

- **Member, Los Angeles Foot & Ankle Club** - Affiliated with Cedars-Sinai and Harbor UCLA (1990-present)

LICENSURE AND CERTIFICATION

- State of California Medical License
- Radiography and Fluoroscopy Supervisor License, State of California
- Diplomate of American Board of Orthopaedic Surgery
- Recertification by American Board of Orthopaedic Surgery in 1990, 2000, 2010, 2020
- Qualified Medical Evaluator (2018)

PROFESSIONAL MEMBERSHIPS

- American Academy of Orthopaedic Surgeons
- American College of Surgeons
- American Orthopaedic Foot & Ankle Society
- American College of International Physicians
- California Medical Association
- Orange County Medical Association

RESEARCH & PUBLICATIONS

Publications:

Comparison of Computerized Tomography Parameters of the Cervical Spine in Normal Control Subjects and Spinal Cord-Injured Patients

J Bone Joint Surg Am 1989 71: 183-188

Current Concepts: Osteochondral Lesions of Talus

Review Article published in
Indian Journal of Foot and Ankle Surgery
December, 2002

Arthroscopic Ankle Arthrodesis: Effect of Pulsed Low Intensity Ultrasound (SS-68).

Arthroscopy: The Journal of Arthroscopic & Related Surgery
Volume 22, Issue 6, Pages e34
2004

Current Concepts: End Stage Ankle Arthritis Management

Review Article published in
The Indian Arthroscopy Society Newsletter
2011

Surgical Device Innovations:

Innomed: Gurbani Distractor/Compressor for Subtalar Arthroscopy
and Other small joints for 360 degree view

Extremity Medical: TRIO implant for Medializing/lateralizing
Calcaneal Osteotomy for precise amount of displacement

Presentations:

Callotasis Lengthening of Congenital Brachymetatarsia

2nd Combined Foot & Ankle Society Conference
Venice, Italy
September 1998

Recent Trends in Ankle and Subtalar joint Arthroscopy

Faculty Lecture at 22nd Annual Graduate Research Forum
UCI, Irvine, California
June 9th, 2000

Arthroscopic Ankle Arthrodesis: A User Friendly Technique

American Orthopaedic Foot & Ankle Society (AOFAS)
San Francisco, California
March 2001

Recent Advances in Ankle and Subtalar Joint Arthroscopy

46th Annual Conference of Indian Orthopaedic Association
Ahmedabad, India
December 2001

Arthroscopic Subtalar Arthrodesis

1st Triennial Conference of International Federation of Foot &
Ankle Societies (IFFAS)
San Francisco, California
September 2002

Arthroscopic Ankle Arthrodesis

Combined Singapore Orthopaedic Association Meeting
Invited Guest Lecturer for Golden Anniversary Celebration
Singapore

November 16th, 2002

Current Concepts in Total Ankle Replacement

Annual Kaiser Dale Daniel MD Orthopedic Symposium
Anaheim, California
January 2003

Common Foot and Ankle Disorders

Annual Kaiser Occupational Health Medicine Symposium
Anaheim, California
October 25th, 2003

**Arthroscopic Ankle Arthrodesis: Incremental Compression
Screw Technique**

11th Annual Update in Orthopedic Surgery Conference
Maui, Hawaii
July 29th, 2003

**Arthroscopic Ankle Arthrodesis: Effect of Pulsed Low
Intensity Ultrasound**

Arthroscopy Association of North America (AANA)
Orlando, Florida
April 25th, 2004

Occupational Foot and Ankle Disorders

Annual Kaiser Occupational and Environmental Healthcare Symposium
Anaheim, California
July 30th, 2005

**Effect of Pulsed Low Intensity Ultrasound on Arthroscopic
Ankle Arthrodesis**

2nd Triennial Conference of International Federation of Foot & Ankle Societies
Naples, Italy
September 15th to 18th, 2005

Health Connect in Foot and Ankle Practice

KP Dale Daniel, MD Orthopedic Conference
San Diego, California
May 19th, 2007

Callotasis Lengthening of Congenital Brachymetatarsia

75th Annual Meeting of American Academy of Orthopaedic Surgeons (AAOS)
San Francisco, California
March 5th to 9th, 2008

Arthroscopic Ankle Arthrodesis: A New Gold Standard

76th Annual Meeting of American Academy of Orthopaedic Surgeons (AAOS)

Las Vegas, Nevada

March 25th, 2009

Arthroscopic Ankle Arthrodesis: A New Gold Standard

26th Summer Meeting of American Orthopaedic Foot & Ankle Society (AOFAS)

Vancouver, Canada

July 15th to 18th, 2009

Arthroscopic Subtalar Arthrodesis

18th Annual Kaiser Orthopaedic Surgery Conference

Kauai, Hawaii

July 25th to 29th, 2010

Arthroscopic Subtalar Arthrodesis

28th Summer Meeting of American Orthopaedic Foot & Ankle Society (AOFAS)

Keystone, Colorado

July 13th to 16th, 2011

Current Concepts in Total Ankle Replacement

IMASC Annual Convention Symposium

Riverside, California

October 21st, 2011

Treatment Options for End-Stage Ankle Arthritis

2nd World Congress of Orthopedics

Xian, China

September 24th, 2015

Arthroscopic Management of Post-Traumatic Arthritis of Ankle and Subtalar Joints

2nd World Congress of Orthopedics

Xian, China

September 26th, 2015

**Jones Fractures, Lisfranc Injuries, Ankle Arthritis
Diagnosis and Management**

2nd Sur International Foot & Ankle Course

Sur, Oman

November 27 & 28, 2015

To Fuse Or Not To Fuse: That Is The Question

11th Biennial ISAKOS Congress
Shanghai, China
June 6th to 8th, 2017

Management of Post-traumatic Arthritis of Ankle and Subtalar Joints

12th EFAS International Congress
Geneva, Switzerland
October 4th to 6th, 2018

Role of Stem Cells in Orthopaedics: Anything is Possible!

World Congress of Baroda Medical College Alumni Association
Vadodara, India
January 4th to 6th, 2019

Sabbaticals:

Carticell Transplantation of Osteochondral Lesions

Rizzoli Orthopaedic Institute
Bologna, Italy (with Prof. Sandro Giannini); August 1998

Osteochondral Grafting of Talar Lesions

Uzsoki University Hospital
Budapest, Hungary (with Prof. Leszlo Hangody); September 1998

Total Ankle Replacement Arthroplasty

Dr. Mark Myerson, Baltimore, MD; June 2001
Dr. Frank Alvine, Sioux Falls, SD; August 2001
Dr. Steven Conti, Pittsburgh, PA; August 2001
Dr. Roy Sanders, Tampa, FL; September 2001

Total Ankle Joint Transplantation

Rizzoli Orthopaedic Institute
Bologna, Italy (with Prof. Sandro Giannini)
May 2005

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS (AAOS)

AAOS Moderator:

Foot & Ankle Sessions: AAOS Annual Meetings
Feb. 8th, 2012
March 21st, 2013
March 12th, 2014

June 27th, 2015

AAOS Instructional Course Lecture Instructor:

Management of Most Common Foot & Ankle Pathologies
AAOS Annual Meeting, Course 281
Orlando, March 2nd, 2016

Management of Most Common Foot & Ankle Pathologies
AAOS Annual Meeting, Course 286
San Diego, March 15th, 2017

Management of Most Common Foot & Ankle Pathologies
AAOS Annual Meeting, Course 482
New Orleans, March 9th, 2018

Management of Most Common Foot & Ankle Pathologies
AAOS Annual Meeting, Course 282
Las Vegas, March 13th, 2019

AAOS Foot & Ankle Written Examination Item Writer:

2016 and 2017

COMMUNITY SERVICE

Founder & Executive Director:

South Asian Physician Network Association (SAPNA)
Downey, CA
1998 to 2012

Annual Surgical Camp:

Bidada Sarvodaya Trust
Bhuj, India
December 1999, 2000

Earthquake Relief Work:

Bidada Sarvodaya Trust
Bhuj, India
January, 2001

SIGN Centers:

Surgical Implant Generation Network
Free training of Orthopedic surgeons and distribution of Implants
Hyderabad, Mumbai, Ahemedabad, Vadodara, Mehsana

December 2001 to date

Tsunami Relief Work:

Association for India's Development (AID)
Chennai and Thirukadavur , Tamilnadu, India
December, 2004

Volunteer Orthopaedic Service:

Prashanti Nilayam Super Specialty Hospital
Puttaparthi, Andhra Pradesh, India
October, 2006

President:

Indian Medical Association of Southern California
Orange, CA
January to December, 2007

Earthquake Relief Work:

University of Miami and Medishare Project
Port-Au-Prince, Haiti
April 24th to May 1st, 2010

Volunteer Orthopaedic Service:

Prashanti Nilayam Super Specialty Hospital
Puttaparthi, Andhra Pradesh, India
December, 2010

Board of Trustees:

Indian Medical Association of Southern California
Orange, CA
January 2011 to December, 2014

Volunteer Orthopaedic Service:

University of Miami and Medishare Project
Port-Au-Prince, Haiti
August 13th to August 20th, 2011

Volunteer Orthopaedic Service:

University of Miami and Medishare Project
Port-Au-Prince, Haiti
April 7th to April 14^h, 2012

Vietnam Outreach Project:

AOFAS funded Volunteer Project
Hanoi, Thai Nguyen, Dien Bien Phu
August 15th to September 5th, 2012

Volunteer Orthopaedic Service:

Loma Linda University Project
Ndola Regional Medical Center
Ndola, Zambia
August 11th to August 16th, 2013

Volunteer Orthopaedic Service:

Loma Linda University Project
Labasa and SavuSavu Medical Centers
Fiji Islands
April 6th to April 12th, 2014

Vietnam Outreach Project:

AOFAS funded Volunteer Project
Hanoi, Thai Nguyen
June 15th to June 22nd, 2014

Volunteer Orthopaedic Service:

University of Kansas at Wichita Project
Pierre Payene, Haiti
January 6th to January 15th, 2015

Vietnam Outreach Project:

AOFAS funded Volunteer Project
Hanoi, Ba Vi
June 4^h to June 12nd, 2015

Volunteer Orthopaedic Service:

Loma Linda University Project
Kisumu and Nakuru Regional Medical Centers
Kenya
April 7th to April 17th, 2016

Volunteer Orthopaedic Service:

AOFAS Second Site Selection Visit
Hospital Adventiste d'Haiti
Carrefour, Port Au Prince, Haiti
April 28th to May 4th, 2018

Volunteer Orthopaedic Service:

AOFAS Second Site Selection Visit
CURE Kenya and AIC General Hospitals
Kijabe, Kenya
September 23rd to 28th, 2018

Member, AOFAS Humanitarian Services Committee:

2010 to 2016

American Orthopaedic Foot & Ankle Society

Chair, AOFAS Humanitarian Services Committee:

Elected as Chair from 2016 to 2018 to serve
American Orthopaedic Foot & Ankle Society's
volunteer missions around the world