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Dr. Nina Kapitanski, MD *Board-Certified in Psychiatry*

Board-certified psychiatrist with more than 10 years of clinical expertise.

EDUCATION

- **Stanford University Medical Center**, Dept. of Psychiatry & Behavioral Sciences (2007-2011)
Residency, Psychiatry
- **University of California at Los Angeles**, David Geffen School of Medicine (2003-2007)
Doctor of Medicine
- **University of California at Riverside**, Thomas Haider Biomedical Sciences Program (2000-2004)
Bachelor of Science, Biomedical Science

PROFESSIONAL EXPERIENCE

- **Integral Equilibrium Wellness** – Psychiatrist, CEO (2013-present)
- **Jewish Family Services of Los Angeles** – Psychiatrist, Independent Contractor (2012-2013)
- **Exodus Recovery** – Psychiatrist, Per Diem, Los Angeles, CA (2011-2013)
- **Traditions Behavioral Health, Ventura County Med. Center** – Psychiatrist, Per Diem (2010-12)
- **Momentum for Mental Health** – Psychiatrist, Per Diem, San Jose, CA (2010-2011)
- **Adjunct Clinical Faculty Resident Representative** (2008-2011)
- **Health Education Awareness Resource Team Executive Member** (2000-2004)

LANGUAGES

- Russian (Fluent)
- Spanish (Conversational)

PROFESSIONAL MEMBERSHIPS

- American Psychiatric Association (Member and Fellow)
- Northern California Psychiatric Society (Member and Fellow)

HONORS & AWARDS

- California Endowment Scholarship (2003-2007)

RESEARCH

Study Coordinator, Stanford Center for Human Sleep Research (7/09-10/09)

Research Assistant, Department of Psychiatry and Behavioral Sciences (Cedars-Sinai Hospital) (6/07-9/09)

Research Assistant, Department of Biochemical Sciences (University of California, Riverside) (09/02- 09/03)

Research Assistant, Department of Biology (University of California, Riverside) (09/00-09/02)

PUBLICATIONS

IsHak WW, Ha K, Kapitanski N, Bagot K, Fathy H, Swanson B, Vilhauer J, Balayan K, Bolotaulo NI, Rapaport MH: The Impact of Psychotherapy, Pharmacotherapy, and their Combination On Quality of Life in Depression. Harvard Review of Psychiatry. In press (scheduled for Nov-Dec 2011)

Quality of Life: The Ultimate Outcome Measure of Interventions in Major Depressive Disorder
Waguih William IsHak, Jared Matt Greenberg, Konstantin Balayan, Nina Kapitanski, Jessica Jeffrey, Hassan Fathy, Hala Fakhry, Mark Hyman Rapaport
Harvard Review of Psychiatry Sep 2011, Vol. 19, No. 5: 229–239.