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## **Dr. Joseph Sclafani, MD**

*Board Certified in Physical Medicine & Rehabilitation and Pain Medicine*

*Articulate, Board certified Physiatrist with more than 10 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Interventional Pain Management.*

### **EDUCATION**

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- **University of California, Los Angeles, CA (2006)**  
Bachelor of Science in Molecular, Cell and Developmental Biology, Summa Cum Laude
- **University of California, San Diego School of Medicine, San Diego, CA (2011)**  
Doctor of Medicine, MD
- **University of California, San Diego, San Diego, CA (2012)**  
Internship, General Surgery
- **Spine Institute of San Diego, San Diego, CA (2014)**  
Fellowship, Clinical Spine
- **Georgetown University/National Rehabilitation Network, Washington, D.C. (2017)**  
Residency, Physical Medicine and Rehabilitation

### **PROFESSIONAL EXPERIENCE**

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- **Milestone Research Organization, Research Consultant (2012 to present)**
- **Minimally Invasive Spine Centers of Excellence Registry, Co-Founder, Board Member/Developer (2012 to present)**
- **Apex Pain & Wellness, Interventional Pain Management Physician (current)**

## LICENSURE AND CERTIFICATION

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- California Board Certified Medical License
- Washington D.C. Medical Training License
- National Institutes of Health, Physical Medicine and Rehabilitation Research Track (2017)
- Stanford University, Interventional Pain Management Fellowship (2018)

## PROFESSIONAL MEMBERSHIPS

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- American Academy of Physical Medicine and Rehabilitation
- American Medical Association
- Association of Academic Physiatrists
- California Society of Interventional Pain Physicians: Educational Committee Member
- Georgetown/NRH Graduate Medical Education, Voting Member
- Georgetown/NRH Research Committee, Resident Representative
- International Society for the Advancement of Spine Surgery
- North American Spine Society
- NuTech ReNu Clinical Trial Data and Safety Monitoring Board Member: Plantar Fasciitis
- NuTech ReNu Clinical Trial Data and Safety Monitoring Board Member: Knee Osteoarthritis
- Society of Minimally Invasive Spine Surgery

## HONORS AND AWARDS

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- Georgetown National Rehabilitation Hospital Top Resident in PM&R Award (2016-2017)
- UCSD Department of Orthopedics Summer Research Training Grant (2008)
- UCLA College of Letters and Science Latin Honors: Summa Cum Laude (2006)
- UCLA Dept. of Molecular, Cell and Developmental Biology: Highest Departmental Honors (2006)
- UCLA College of Letters and Science: Phi Beta Kappa (2006)
- UCLA Golden Key International Honor Society (2006)
- Saddleback College Latin Honors: Cum Laude (2003)
- California Governor's Scholarship (2001)

## RESEARCH & PUBLICATIONS

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### **Publications**

**Sclafani J**, et al. Optimal Multimodal Analgesia Treatment Recommendations for Total Joint Arthroplasty: A Critical Review. Journal of Bone and Joint Surgery Reviews. Accepted November 8, 2017.

**Sclafani J**, et al. Validity and reliability of a novel patient reported outcome tool to evaluate post-operative dysphagia, odynophagia, and voice (DOV) disability after anterior cervical procedures. *International Journal of Spine Surgery*. Volume 12, 2017.

Kim CW, Harris J, **Sclafani J**, Bucklen B. The Effect of Anterior Longitudinal Ligament Resection on Lordosis Correction during MIS Lateral Lumbar Interbody Fusion: Biomechanical, Radiographic, and Clinical Feasibility of an Integrated Spacer/Plate Interbody Reconstruction Device. *Clinical Biomechanics* 43, 102-108

**Sclafani J**, Liang K, Bergen SJ, Raiszdeh R. Arthrodesis Rate and Patient Reported Outcomes After Anterior Lumbar Interbody Fusion Utilizing a Plasma-Sprayed Titanium Coated PEEK Interbody Implant: A Retrospective, Observational Analysis. *International Journal of Spine Surgery*. Volume 11, 2017.

**Sclafani J**, Constantin A, Ho PS, Akuthota V, Chan L. Descriptive analysis of spinal neuroaxial injections, surgical interventions and physical therapy utilization for degenerative lumbar spondylolisthesis within Medicare beneficiaries from 2000-2011. *Spine* 42 (4), 240-246.

**Sclafani J**, Liang K, Mosley D, Prevost M. Retrospective Chart Assessment of Clinical Outcomes After an Amniotic Suspension Allograft is Used During Spinal Arthrodesis Procedures. *Surgical Science*. March, 2016.

**Sclafani J**, et al. Outcome Measures of an Intracanal, Endoscopic Transforaminal Decompression Technique: Initial Findings from the MIS Prospective Registry. *International Journal of Spine Surgery*. Volume 9, Article 69, 2016.

**Sclafani J**, Akuthota V. Integration of Low Back Pain Related Patient Reported Outcome Measures into Clinical Practice. *Current Physical Medicine and Rehabilitation Reports*. Volume 4, Issue 1, 2016.

Lowry D, Tuinstra D, Liang K, **Sclafani J**. Clinical Outcomes After Cervical Transcorporeal Microdecompression and Vertebral Body Access Channel Repair. *International journal of spine surgery*. Volume 9, Article 10, 2015.

**Sclafani J**, Liang K, Gordon C. Clinical Outcomes of a Polyaxial Interspinous Fusion System. *International Journal of Spine Surgery*. Volume 8, Article 35, 2014.

**Sclafani J**, et al. Biomechanic Stability and Clinical Outcome After Interspinous Process Fixation. *White Paper, Aurora Spine*. (2014).

**Sclafani J**, et al. Validation and Analysis of a Multi-site MIS Prospective Registry Through Sub-analysis of an MIS TLIF Subgroup. *International Journal of Spine Surgery*. Volume 8, Article 4, 2014.

**Sclafani J**, Kim CW. Complications Associated With the Initial Learning Curve of Minimally Invasive Spine Surgery: A Systematic Review. *Clinical Orthopedics and Related Research*. (2014): 1-7.

**Sclafani J**, Tirrell T, Franko O. Mobile Tablet Use among Academic Physicians and Trainees. *J Med Syst.* 2013 Feb;37(1):9903. doi: 10.1007/s10916-012-9903-6. Epub 2013 Jan 9.

Lee YP, **Sclafani J**. Lumbar Iatrogenic Spinal Instability. *Seminars in Spine Surgery.* Volume 25, Issue 2, June 2013.

Lee YP, **Sclafani J**. Lumbar Pseudarthrosis: Diagnosis and Treatment. *Seminars in Spine Surgery: Lumbar fusion: Indications, Techniques and Complications.* Volume 23, Issue 4, December 2011.

**Sclafani J**, Regev GJ, Webb J, Garfin S, Kim CW. Use of a quantitative pedicle screw accuracy system to assess new technology: initial studies on O-arm navigation and its effects on the learning curve or percutaneous pedicle screw placement. *Spine Arthroplasty Society Journal*, Volume 5, Issue 3, September 2011, Pages 57-62

de Velasco B, Erlik T, Shy D, **Sclafani J**, Lipshitz H, McInnes R, Hartenstein V. Specification and development of the pars intercerebralis and pars lateralis, neuroendocrine command centers in the *Drosophila* brain. *Dev Biology.* 2007 Feb 1;302(1):309-23.