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Dr. Ardalan Alen Nourian, MD *Board-Certified in Orthopaedic Surgery*

Board-certified orthopaedic surgeon, highly specialized in spine surgery.

EDUCATION

- **San Diego Center for Spinal Disorders**, San Diego, CA (2014-2015)
Fellowship, Orthopaedic Spine Surgery
- **SUNY Downstate Department of Orthopedics**, Brooklyn NY (2009-2014)
Chief Resident, Orthopaedic Surgery
- **University of Southern California Keck School of Medicine**, Los Angeles, CA (2005-2009)
Doctor of Medicine
- **University of California, Los Angeles**, Los Angeles, CA (2000-2005)
Bachelor of Arts in Economics

PROFESSIONAL EXPERIENCE

- **Ventura Orthopedics**, Simi Valley, CA – Orthopaedic Spine Attending Physician (2015-present)
- **US HealthWorks**, Oxnard, CA – Orthopaedic Spine Attending Physician (2018-present)
- **Simi Valley Hospital**, Simi Valley, CA – Director of Orthopaedic Spine (2017-present)

HONORS & AWARDS

- Member, SUNY Graduate Medical Education Council
- Summa Cum Laude, UCLA
- College Honors, UCLA
- Golden Key National Honor Society President, UCLA
- AOA, USC
- Step 1 score: 243, USC

RESEARCH & PUBLICATIONS

Publications

Nourian, AA and Eastlack, R. “Effect of Anatomic Variable and Level of Approach on Perioperative Vascular Complications with Anterior Lumbar Interbody Fusion”. Spine 2016, Jan

Nourian, AA and Akbarnia, BA. “Do Longer Surgical Procedures Result in Greater Contamination of Surgeons’ Hands?”. Clin Orthop Relat Res 2016, Jul

Research

SUNY Downstate Department of Orthopedics

Brooklyn, NY

Researcher Assistant

January 2012-May 2014

- I am currently investigating the anatomy of the Lumbar Plexus and Psoas Muscle using MRI on scoliotic curves with respect to the surgical approach for lateral transposas interbody fusion

SUNY Downstate Department of Orthopedics

Brooklyn, NY

Researcher Assistant

March 2011-May 2012

- **Abstract:** Rasquinha V., Nourian A., Maheshwari A.,; Are ‘Smart Phone’ cameras safe for intraoperative photography in Orthopedic Surgery?

Department of Neurosurgery at USC

Los Angeles, CA

Researcher Assistant

January 2006-April 2007

- **Poster Presented:** Orning J., Nourian A., Zhou B., Zee C., Oh B., Giannotta S., (2007, April). A Lower Admission Glasgow Coma Scale (GCS) Score Corresponds to an Increased Likelihood of Marshall Classification Progression. Poster presented at: American Association of Neurological Surgeons Annual Meeting; Washington, DC

Immunoscience Laboratory

Los Angeles, CA

Researcher Assistant

January 2003-May 2005

- Conducting research on Systemic Lupus Erythematosus and Autism through advanced immunology and microbiology lab techniques involving expansive test samples to determine genetic and environmental links to the disease.
- Directed by Dr. Aristo Vojdani.
- **Publication:** Alen Nourian and Aristo Vojdani. “Heat Shock Protein and Gliadin Peptide Promote Development of Peptidase Antibodies in Children with Autism and Patients with Autoimmune Disease.” *Clinical and Diagnostic Laboratory Immunology*, May 2004, p. 515-524, Vol. 11, No. 3
- **Publication:** Alen Nourian and Aristo Vojdani. “Immune Response to Dietary Proteins, Gliadin and Cerebellar Peptides in Children with Autism”. *Nutritional Neuroscience*

VOLUNTEER & LEADERSHIP

Federation Tutoring Program

Los Angeles, CA

Director

September 2000-May 2005

- Community based non-profit weekly tutoring program for disadvantaged foreign students. Tutor in subjects of math, English, writing, reading comprehension and various specialized subjects, as needed, for students in grades 1-12. Tutoring is conducted every Saturday from 12-3 PM.
- Recognized tutoring program through UCLA Department of Education and UCLA Medical School.
- Currently over 65 tutees and 25 tutors

UCLA Education Department

Westwood, CA

Undergraduate Teaching Assistant

January 2001-June 2003

- Helped remove student's academic limitations and enhance their abilities by creating tailored instruction.
- Selected by Education Department faculty to assist a group of 45 students to help with higher learning skills.
- Trained and instructed students on how to be an effective tutor, by discussing issues about education and leadership, encourage self-empowerment, to act as positive role models, optimal learning, and elevating self-esteem among the tutees.

Golden Key International Honor Society

Westwood, CA

President and Social Chair Executive Board Member

January 2002-May 2005

- In addition to recognizing and encouraging scholastic achievement, Golden Key also utilizes a student organization to implement service projects and to reach out to the student body.
- In my Executive Board position, I would set up different social activities to help have members to get to know their UCLA Executive Board Members.
- My duties as President are to organize, plan and work to ensure the continuation and overall success of the UCLA chapter. I also call meetings of the officers and manage the planning and implementation of the induction ceremony and reception.
- Headed by Associate Dean of students, Dean Joan Nelson.

American Medical Student Association (AMSA)

Los Angeles, CA

President

September 2006-September 2007

- The American Medical Student Association is the oldest and largest independent association of physicians-in-training in the United States. With more than 68,000 members, including medical and premedical students, residents, and practicing physicians, AMSA is committed to improving medical training and to advancing the profession of medicine.

Surgical Student Interest Group

Los Angeles, CA

Co-Leader

September 2006-September 2007

- SSIG (Surgical Student Interest Group) is a student-run organization designed to provide activities and greater exposure for medical students interested in surgery as a future career.

- We provided students with lectures, shadowing opportunities, surgical workshops, mentoring and research opportunities.

Medical Scholars Program

Academic Tutor

Los Angeles, CA

August 2006-April 2007

- This program selected second year medical students who excelled in certain subjects to provide academic help to first year medical students. As a second year medical student I was chosen to tutor first year medical students in the areas of epidemiology and gross anatomy.