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## **Dr. Mikiko Murakami, DO**

*Double Board-Certified in Pain Medicine and PM&R*

### **EDUCATION**

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- **University of California, San Diego**, San Diego, CA (2015-2016)  
Fellowship, Pain Medicine  
Board Member: American Society of Interventional Pain Physicians
- **Icahn School of Medicine at Mount Sinai**, New York, NY (2012-2015)  
Resident, Physical Medicine and Rehabilitation  
House Staff Representative, NY Society PM&R Coordinator  
RFS Treasurer: American Society of Interventional Pain Physicians
- **Alameda County Medical Center**, Oakland, CA (2011-2012)  
Intern, Preliminary Year
- **Touro University College of Osteopathic Medicine**, Vallejo, CA (2007-2011)  
Doctor of Osteopathy
- **University of California, Berkeley**, Berkeley, CA (1994-1995)  
Exchange student in Department of Computer Science
- **International Christian University**, Tokyo, Japan (1992-1996)  
Bachelors degree, Computer Science

### **PROFESSIONAL EXPERIENCE**

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- **Spine & Sports Medical Group**, Campbell, CA - Physician (2019-present)
  - Interventional Procedures, regenerative medicine, osteopathy, acupuncture
- **Comprehensive Spine and Sports Center**, Campbell, CA - Physician (2016-2019)
  - Interventional Procedures, regenerative medicine, osteopathy, acupuncture
- **Chi Fountain Integrative Medicine**, San Francisco, CA – Founder (2003-2008)

- **JETRO, New Horizons, Intraware, NEC Systems**, Bay Area, CA (1996-2003)
  - IT Systems Administrator (Microsoft Systems Engineer Certified)

## COURSE WORK

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- Medical Acupuncture for Physicians (350 hours), SUNY Downstate, Brooklyn, NY (2012-2013)
- American Institute for Ultrasound Medicine Workshop in Musculoskeletal, Gynecological and Emergency Medicine, New York, NY (2013)
- Various NYSPM&R and Mount Sinai Workshops in musculoskeletal ultrasound, New York, NY (2012-2015)
- Ophthalmologic Principles and Their Relationship to Osteopathy in the Cranial Field, San Francisco, CA (2010)
- Center for Education and Development of Clinical Homeopathy (100 hours), San Francisco, CA (2009-2010)
- Osteopathy in the Cranial Field: Two 40-hour courses, Vallejo, CA & Indianapolis, IN (2008 & 2009)
- Osteopathic Manipulation: Unlocking the Thoracic Cage, Addison, TX (2008)

## LICENSURE AND CERTIFICATION

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- California Licensed Osteopathic Physician
- DEA License
- ACLS & BLS
- Certified Acupuncturist: SUNY Downstate, NY
- NY Licensed Physician
- Certified Homeopath: Center for Education and Development of Clinical Homeopathy
- Certified Massage Therapist: San Francisco School of Massage

## LANGUAGES

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- Fluent in Japanese

## VOLUNTEER ACTIVITIES

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- San Diego Drug Abuse Task Force, Social Advocates for Youth San Diego, San Diego, CA (2015-2016)
- Sports Coverage Physician: HS Football, NYC Marathon, Special Olympics New York, NY (2012-2015)

- Osteopath: Touro University Clinic & Berkeley Suitcase Clinic, Berkeley, CA (2007-2011)
- Presenter and Health Screen Provider: Teen Life Conference, Vallejo, CA (2008-2009)
- Workshop Coordinator: UCSF Annual Integrative Medicine Forum, San Francisco, CA (2004-2005)
- Integrative Medicine Health Researcher: California Pacific Medical Center (CPMC) Institute of Health and Healing, San Francisco, CA (2003-2004)

## RESEARCH & PUBLICATIONS

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- Pending Publication: Fox L, **Murakami M**, et al. Battlefield acupuncture to treat low back pain in IRB approved clinical trial the emergency department. *American Journal of Emergency Medicine*. Elsevier 2018.
- Published Shaparin N, **Murakami M**, Kosharskyy B, Gritsenko K. Complex Regional Pain Syndrome: An Update and Review of the Mechanisms. *Topics in Pain Management*. Lippincott Williams and Wilkins; Oct 2014: Vol 30 No 3 (p1-9).
- Published **Murakami M**, Kosharskyy B, Shaparin N, Gritsenko K. Complex Regional Pain Syndrome: An Update and Review of Management Part 2. *Topics in Pain Management*. Lippincott Williams and Wilkins; Feb 2015: Vol 30 No 7 (p1-9).
- Published **Murakami M**, Diwan S. Chapter 33 (p216-224): Neck Pain. *Pain Medicine and Management: Just the Facts, 2e*. New York: McGraw Hill 2014.
- Published Shiu-Lin T, Fox L, **Murakami M**, Tsung J. Auricular Acupuncture in Emergency Department Treatment of Acute Pain. *Annals of Emergency Medicine*; June 2016: pii: S0196-0644(16)30171-8
- Published **Murakami M**, Fox L, Dijkers M. Ear Acupuncture for Immediate Pain Relief – A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Pain Medicine*. Oxford University Press. March 2017: Volume 18, Issue 3, Pages 551–564
- Published **Murakami M**, Leung A. Acupuncture Analgesia: A Review of Central and Peripheral Mechanisms. *Neuroimaging of Pain*. New York: Springer. June 2017: Pages 453-484
- Published **Murakami M**, Kirschner J. Piriformis Syndrome. *Musculoskeletal Conditions from Head to Toe: A Diagnostic and Treatment Guide for Primary Care Physicians*. New York: Springer. February 2018: Pages 231-235.
- Pending Publication **Murakami M**, Jones C, Lerman I. Spinal cord stimulator complications. *Challenging Cases and Complication in Pain Medicine*. New York: Springer. 2018.

## POSTER PRESENTATIONS

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- 10/2016**  
Las Vegas, NV  
Fox L, **Murakami M** et al. “Randomized Trial of Acupuncture vs. Standard Therapy to Treat Low Back Pain in the Emergency Department”  
American College of Emergency Physicians
- 3/2016**  
Orlando, FL  
**Murakami M**, Kurisu M, Alexander J. “Osteopathic Manipulative Treatment with a Special Emphasis on Axoplasmic Flow Techniques on a Patient with Spinal Cord Hemisection Syndrome (Brown-Sequard Syndrome)”  
American Academy of Osteopathy Convocation
- 11/2015**  
San Diego, CA  
**Murakami M**, Fox L, Dijkers M. “Ear Acupuncture for Immediate Pain Relief – A Systematic Review and Meta-Analysis of Randomized Controlled Trials.”  
Academy of Integrative Health and Medicine 2015
- 11/2014**  
San Diego, CA  
**Murakami M**, Baeza J. “Functional Outcomes of Pediatric Epidural Abscess: Two Case Studies.”  
Association of American Physiatrists 2014
- 11/2014**  
San Diego, CA  
Yinfei X, **Murakami M**, Sheth P. “Cluneal Nerve Entrapment and Lipoma Impingement: A Case of Refractory Lower Back Pain and Review of the Literature.”  
Association of American Physiatrists 2014
- 11/2014**  
San Diego, CA  
Leung E, **Murakami M**, Fine J. “Chronic Distal Weakness in the Unilateral Upper Extremity: Possible Case of Late-onset Monomelic Amyotrophy.”  
Association of American Physiatrists 2014
- 2/2014**  
Nashville, TN  
**Murakami M**, Paul G, Maduro C. “Recurring Back Pain and Urinary Urgency in a Pediatric Patient with Fibrolipoma of the Filum Terminale.”  
Association of American Physiatrists 2014
- 2/2014**  
Nashville, TN  
**Murakami M**, Leung E, Paul, G, Fine J. “Abdominal Pain as a Unique presentation of NMO-related Paroxysmal Tonic Spasms.”  
Association of American Physiatrists 2014
- 11/2013**  
Jersey City, NJ  
**Murakami M**, Danesh H. “Acupuncture for Opioid Weaning in the Chronic Pain Patient.”  
Pain Symposium 2013

## INVITED LECTURES & WORKSHOPS

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- 9/2018** “Regenerative Medicine – Applications, Integrative Medicine & Future

San Diego, CA	Investigations” at Academy of Integrative Health and Medicine
<b>4/2017</b> Las Vegas, NV	“Life Cycle of a Pain Physician” at American Society of Interventional Pain Physicians Conference
<b>3/2017</b> Colorado Springs, CO	“OMT for Tinnitus: Evidence-Based Applications” assistant osteopathic trainer at American Academy of Osteopathy Convocation
<b>5/2016</b> San Diego, CA	“Health Gut, Healthy Mind, Healthy Child” at Social Advocates for Youth
<b>4/2016</b> Dallas, TX	“Integrative Medicine in Your Pain Practice” at American Society of Interventional Pain Physicians Conference
<b>1/2015</b> San Diego, CA	“Battlefield Acupuncture Training” at San Diego Osteopathic Group
<b>5/2014</b> New York, NY	“Osteopathic Manipulative Treatment Workshop” at New York Society PM&R
<b>10/2005</b> San Francisco, CA	“Stress Management Using Integrative Medicine” at San Francisco Stress Management Conference for Women
<b>9/2004</b> San Francisco, CA	“What is Integrative Medicine?” at Spiral Muse Integrative Medicine Conference