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Dr. Shivani Patel Escamilla, PsyD *Licensed Psychologist*

EDUCATION

- American School of Professional Psychology, Argosy University, Santa Ana, CA (2009)
 Doctorate of Psychology (PsyD)
- University of Southern California, Los Angeles, CA (2000)

Master of Healthcare Administration (MHA)

Certificate: Ambulatory Care Systems Management, Dean's Merit Scholar

University of California, Irvine, Irvine, CA (1997)

Bachelors in Psychology/Social Behavior and Political Science

Dean's Honor List

PROFESSIONAL EXPERIENCE

- Lagos Administrator, Telecare Riverside County Crisis Residential Program (2019-present) Telecare Corporation
 - Plans, organizes, directs, and controls all aspects of administrative functions and rehabilitative interventions at our 24 hr, 7 day/wk crisis stabilization program;
 - Implements program policies and procedures and serves as Program Privacy officer in order to ensure compliance with HIPAA regulations; Develops and manages all strategic planning activities;
 - Collaborates with State/County and local agency representatives; Serves as liaison between Telecare corporate office, program and State/County customers and community partners to best serve program residents;
 - Establishes staffing requirements; Directs recruitment, selection and disciplinary action of all staff;
 - Manages the program budget and fiscal activities, including revenue, expenses and billing;
 - Supervises all department managers and maintains supervisory authority over personnel assigned to all functions within the departments, including supervising prelicensed and licensed clinical and rehabilitative staff;

- Ensures program compliance with Telecare standards, as well as all applicable laws and regulations; implements and maintains corporate initiatives and best practices;
- o Establishes a program culture of service and recovery-oriented standards of care.
- Clinical Director, Older Adult Prevention & Early Intervention (PEI) Program (8/2015)

 Telecare Corporation Los Angeles County Older Adult (LAOA) Program, Service Areas 7 & 8
 - Plans, implements and administers all clinical services and related administrative practices for an integrated, community-based team comprised of inter-disciplinary staff, interns and Master's level clinicians who provide field-based therapeutic services to older adults with complex mental health and medical conditions;
 - Supervises psycho-therapy (individual & group) related services and inter-disciplinary staff, crises response, assessment, case management & treatment planning services for all PEI clients; Oversees quality assurance related activities; Conducts trainings and presentations at community events and professional conferences;
 - Facilitates weekly treatment team and supervision meetings, as well as professional development trainings;
 - o Represents LAOA programs on county wide community-based and DMH committees;
 - Coordinates clinical activities and assumes responsibilities of the Program Administrator as needed;
 - Serves as back up and on-call supervisor for the Telecare LAOA Older Adult FSP & FCCS Programs.
- Program Coordinator & Clinical Psychologist II, Child Welfare Division (2013-2015)

 LA County Department of Mental Health (DMH) County-Wide Treatment Foster Care Program
 - Developed training curricula & conducted trainings on trauma and best practice treatment interventions for work with complex trauma victims and their families;
 Provide clinical consultation regarding treatment and EPSDT billing guidelines and procedures; Facilitated stakeholder implementation of train the trainer models;
 - Completed special projects and program administrative activities; Conducted Program Improvement Reviews of contracted agencies to assist with DMH quality assurance efforts;
 - Coordinated county-wide foster parent recruitment efforts and marketing strategies for intensive foster care treatment program; Led interagency workgroup aimed at improving performance in different domains.

Clinical Psychologist II

LA County Department of Mental Health Psychiatric Mobile Response Team SA7, Cerritos, CA

- As an LPS designated clinician, performed field-based diagnostic evaluations of children and adults in order to determine danger to self/others or grave disability for involuntary detention at a psychiatric facility;
- Provided intensive crisis stabilization, consultation, brief therapy and risk management services, including joint response with DCFS social worker and case management and linkage to community-based support services; Followed up on high risk cases to ensure client stabilization post discharge from hospital;
- Consulted and collaborated with inter-disciplinary team members and professionals from other agencies (i.e. Social Services, School, DMH Child Welfare Division, Hospitals etc.);

 Served as Quality Assurance Coordinator and informal supervisor for psychology and social work interns.

• Supervising Psychologist and Practice Administrator (2010-2011)

Sovereign Health of California, San Clemente, CA

- Provided program development & administrative oversight, including utilization review and peer to peer consultations with insurance company officers; State Certified Administrator of licensed residential facility;
- Served as licensed clinical supervisor of practicum, pre and post-doctoral psychology interns; Facilitated weekly treatment team, clinical conference and trainings in complex trauma & health psychology;
- Conducted psycho-therapy (individual & group), crises response, assessment, case management & treatment planning services for dual diagnosis, chronic pain and eating disordered clients with high levels of acuity;
- Consulted with inter-disciplinary team members and other adjunctive professionals providing biofeedback, acupuncture, nutrition services to ensure comprehensive and coordinated treatment program.

• Post-Doctoral Scholar/Fellow: UCSF HEARTS Program (2009-2010)

Child & Adolescent Service, Dept. of Psychiatry, UCSF General Hospital

- UCSF Healthy Environments and Response to Trauma in Schools (HEARTS) is a program
 that works in conjunction with the San Francisco Unified School District to increase
 awareness, build capacity and improve systemic responses to complex trauma victims
 and their families;
- Weekly caseload of 10 complex trauma child and adolescent clients and their families;
 Provided psycho-therapy (individual & group), crisis, case management & treatment
 planning services in hospital and school settings; Conducted psychological assessments;
- Program development & program management; Consulted and collaborated with interdisciplinary team members; Participated in weekly clinical conferences/didactic trainings;
- Supervised practicum student in clinical practice; Collected data on client progress for research purposes;
- o Provided professional development trainings in complex trauma & health psychology;
- Certified in Avatar & Child Assessment of Needs & Strengths (CANS) assessment/treatment protocols.

• Pre-Doctoral Psychology Intern (2008-2009)

San Bernardino County Dept. of Behavioral Health APA Internship Program

- Weekly caseload of 25 clients; Specific requirements include: 15 intakes, 12 batteries (adult, child, forensic), 400 therapy hours (group, individual, family, elderly), crisis intervention, case mgmt, 25 recorded sessions and case presentations, 2 consultations, providing supervision to Masters level intern and completing a 40 hr research project; Co-lead weekly therapeutic groups with child, geriatric and co-occurring clients;
- Conducted intakes and integrative psychological assessments in forensic settings and reported findings and made treatment recommendations during Superior Court proceedings;

- Collaborated with inter/intra disciplinary treatment teams including psychiatrists, crisis responders, school psychologists, hospital-based physicians, probation officers etc.;
 Consulted and assisted with treatment planning at IEP and social service-related meetings; Attended inter-agency and county-level clinical trainings;
- Total pre-doctoral internship included 2009 hours.

• Therapy Practicum Intern (2007-2008)

Long Beach Child & Adolescent Clinic, LA Dept. of Mental Health

- Under licensed clinical supervision, conducted clinical intake assessments and provided psychotherapy (individual, family & group) to children, adolescents and CALWORKS Program adult clients; Average weekly case load of 10 clients (5 child, 5 adult);
- Collaborated with psychiatrists, social workers, teachers, pediatricians, probation officers etc. and attended WRAP and DCSF meetings to consult and assist with treatment planning;
- Attended monthly inter-agency and county-level didactics and trainings on interventions and assessment.

• School Counselor/Therapist: Elementary School Program (2007-2008)

Straight Talk Inc., Cypress, CA

- Under licensed clinical supervision, conducted clinical intake assessments and provided weekly psycho-therapy, crisis intervention and case management services in multiple, public elementary-school settings;
- Assisted students with life stressors and relational issues, as well as behavioral and impulse control problems, grief/loss issues and involvement with drugs or alcohol; Conducted workshops;
- o Provided trainings and consulted and collaborated with inter-disciplinary staff and school administrators.

• Court Appointed Special Advocate (CASA): Infant Adoption Program (2006-2009) Orange County CASA Program, Santa Ana, CA

- As directed by Orange County's Dependency Court, mentored and advocated for children in the foster care system; Consulted and collaborated with attorneys, social workers and therapists under direction of CASA case supervisor; Submitted court reports & made recommendations for child placement;
- Attended 40+ hours of annual trainings on topics such as child development, abuse & forensic psychology.

• Diagnostic Practicum Intern (2006-2007)

Argosy University Orange County Assessment Service, Santa Ana, CA

- Under licensed clinical supervision, conducted diagnostic & collateral interviews, performed psycho-diagnostic and psycho-educational testing to college population compromised of varying ages, cognitive and emotional issues and learning disabilities; Provided crisis intervention and short-term therapy;
- Via consultation and collaboration with referring counselors, provided therapeutic recommendations and feedback for educational accommodations, remediation and/or psychotherapeutic interventions;

- Participated in weekly case conferences with referring school counselors, as well as didactic and group seminars and weekly individual and group supervision.
- Child Counselor (1998-1999)

Children of the Night, Van Nuys, CA

- Handled all incoming calls to center's national teen hotline; provided crisis intervention and resource referrals;
- Responsible for intake, supervision and assessment of shelter residents with efforts aimed at assisting victims of rape and child abuse, as well as child prostitution and pornography; Coordinated emergent child-rescue efforts involving undercover policemen and workers from child-protective services.
- Health Administrative Intern & Lend Trainee (1998-1999)

Children's Hospital Los Angeles Center for Child Development and Disabilities, Los Angeles, CA

- Completed projects relating to operations, finance and strategic planning; Under direction of Clinic Director, successfully developed & proposed application for APA accreditation of Pre-Doctorate Program;
- As Lend Trainee, participated in hospital fellowship program aimed at increasing awareness of county and state clinical treatment, case management and reimbursement programs for developmentally challenged and low-income children; Participated in casestudy conferences; Developed & presented treatment plans.

HEALTH ADMINISTRATIVE BACKGROUND

• Practice Management Consultant (2005-2006)

Med America/California Emergency Physicians, Emeryville, CA

- Provided management services for 11 multi-million dollar emergency department (ED) contracts;
- Built functional expertise in value-added services such as Operational Assessment, Process Redesign, Service Excellence Initiatives, Regulatory Issues and EDIS; Developed strategic balanced scorecards to monitor and report upon ED performance; Collaborated with CEP Regional and Medical Director leadership by bringing business acumen and a hospital administrator's perspective;
- Coached ED physicians on operations, performance and other strategic issues; Promoted best practices; Identified areas needing improvement and developed and project managed corrective action plans; Facilitated ED led hospital-wide committees.
- Business Process Consultant (2004-2005)

Franchise Performance Group of United Healthcare, Edina, MN

- As a six-sigma black belt, diagnosed process improvement opportunities for business problems and developed and implemented fully integrated solutions using process excellence principals & tools;
- Provided project management, program management & internal consulting services to senior leadership and staff of multiple service departments and businesses across enterprise.

- **Practice Manager** (2003-2004)
 - Fertility, Gynecology & Gynecologic Oncology, Virginia Mason Hospital, Seattle, WA
 - Responsible for all administrative functions of three surgical specialty practices in areas of operations, marketing, facilities, finance, human resources (40+ clinical/non-clinical staff), and planning & development;
 - Developed and implemented clinic policies to heighten quality and consistency of service;
 Oversaw patient flow and billing prior to and after surgery in cooperation with staff and department teams throughout hospital and healthcare system; Managed multi-million dollar budget; Conducted accurate forecasting of staffing, capital and operations budget needs within context of market position and financial situation.
- **Project Manager, Integrated Managed Care Services** (2000-2003) *Healthcare Partners, Torrance, CA*
 - Project Manager of Eligibility, Claims, Contracting & Referral Management initiatives;
 - Facilitated corporate LEAN Work Process Improvement Initiatives aimed at redesigning and automating core managed care business processes by utilizing web-based technologies;
 - Evaluated operational, financial & systems performance.
- Residential Counselor and Assistant Administrator (1997-1998)

Wellsprings Skilled Residential Care Facility, Bakersfield, CA

- o As counselor, provided crisis intervention and weekly group-counseling sessions;
- As Assistant Administrator, conducted intakes and processed referrals; Assisted with daily operational and financial performance; Completed projects related to QA, marketing, collections, budgeting and cost management; Developed & implemented resulting action plans with owners and treatment team staff.

COMMUNITY LEADERSHIP & AFFILIATIONS

- Orange County Association of Play Therapy (OC APT)
- American Psychological Association (APA)
- California Psychological Association (CPA)
- Pi Alpha Alpha, National Public Administration Honors Society
- Phi Sigma Alpha, National Political Science Honors Society
- American College of Health Care Executives (ACHE)
- Chair Mentoring Program & Services, USC MHA Student Council (1999 2000)

PROFESSIONAL TRAINING/SEMINARS PRESENTED

18, 2017)

"Understanding the Needs of Older Adults & How Faith Helps: - Los Angeles County Department of Mental Health, Los Angeles CA. (October 17, 2017)

"Trauma Informed Parenting" – CASA Orange County, Santa Ana, CA (September 11, 2017)
"Suicide Prevention with Older Adults" – Whittier Community Services Center, Whittier CA (January

"Understanding & Preventing Elder Abuse" – Presented at various community-based organizations on behalf of Telecare Los Angeles Older Adult PEI Program (August 14, 2017, June 16, 2017, February 8, 2017)

"Maximizing Seeking Safety Outcomes with Latino Older Adults" – California Institute for Behavioral Health Solutions 2017 Evidenced-Based Practices Symposium Los Angeles County (April 5, 2017) "Suicide Risk Assessment & Prevention with Older Adults" – Promising Practices Conference, Los Angeles, CA (January 18, 2017)

"Trauma Basics" - Telecare Older Adult PEI Program, Los Angeles CA. (May 20, 2015);

"Promoting Psychological Resilience & Staff Self Care Workshop" – Telecare Older Adult PEI Program, Norwalk, CA. (December 21, 2015)

"Fostering Resiliency, Retention & Trauma Informed Practice in TFC Foster Parents" - Los Angeles County Department of Mental Health, Los Angeles CA. (January 20, 2015)

"Understanding Attachment with TFC Youth" - Los Angeles County Department of Mental Health, Los Angeles CA Treatment Foster Care Foster Parent Training Conference (February 10, 2015)

"Trauma Basics" – Los Angeles County Department of Mental Health, Los Angeles CA. (January 17, 2014;

January 28, 2014; March 10, 2015)

"Promoting Psychological Resilience in Intensive in Home Staff Self Care Workshop" – Child Net, Long Beach CA.

(January 27, 2014)

"Promoting Psychological Resilience in Intensive in Home Staff Self Care Workshop" – Los Angeles County Department of Mental Health, Los Angeles CA. (February 18, 2014 & February 27, 2014) "Impact of Trauma Disruptions on Child Development & Attachment" – Los Angeles County Department of Mental Health, Los Angeles CA. (March 17, 2014 & March 26, 2014)

"Reaching Children Thru Play" – Co-Presenter for Los Angeles County Department of Mental Health, Los Angeles CA. (April 14, 2014)

"Shared Core-Practice, Intensive Care Coordination (ICC) and Intensive Home Based Services for Treatment Foster Care" – Los Angeles County Department of Mental Health, West Covina CA. (May 12, 2014)

"Crisis Prevention & De-Escalation" – Los Angeles County Department of Mental Health, Los Angeles CA

(July 15, 2014; October 1, 2014)

"Crisis Intervention & Stabilization" – Los Angeles County Department of Mental Health, Los Angeles CA

(August 21, 2014; October 20, 2014)

RESEARCH EXPERIENCE

American School of Professional Psychology Argosy University with M. Ybaben, Ph.D., 2007 - 2009 Research Area: Qualitative Analysis of Cognitive Schemas & Eating Disorders

Title and Duties: Primary Researcher, Clinical Research Project/Dissertation

 Conducted qualitative interviews with college students diagnosed with eating disordered behaviors in order to identify maintaining factors and schema processes that sustain

- maladaptive tendencies despite intervention. Delineated recurrent themes using a biopsychosocial framework; critically evaluated and correlated results to current research findings.
- Presented findings via poster presentation at the California Psychological Association (CPA) and Western Psychological Association (WPA) Annual Conventions in March and April, 2009.

<u>University of California, Los Angeles with A. Dechairo, Ph.D. Candidate</u> 1998-1999 *Research Area*: Effects of Nursing Case Management on Patient Health Outcomes *Title and Duties (paid position)*: **Research Assistant**

 Consented and debriefed subjects; Conducted structured interviews with tertiary-level patients before & after discharge at 5 major southern California acute-care hospitals; Assisted with statistical analyses of findings.

<u>University of California, Irvine with A. Clarke-Stewart, Ph.D. and R. Beck, Ph.D.: NICHD Study</u>, 1996-1998

Research Area: Mother-Child Narrative Interactions/Scaffolding Title and Duties (volunteer position): Research Assistant

- Customized system of coding mother-child narrative interactions; Interpreted protocols, collected and analyzed statistical data; Developed and presented findings of final research report;
- Results were published and I was given an honorable mention in the following article: Beck, R & Clarke-Stewart, K.A. (1998) Improving 5-year-olds' narrative recall and comprehension. Journal of Applied Developmental Psychology, 19 (4), 543 – 569.

<u>University of California, Irvine with Larry Jamner, Ph.D.: Clinical-Health Study</u>, 1996-1997 *Research Area*: Impact of job-related stressors on physical well-being of police officers *Title and Duties (volunteer position):* **Research Assistant**

- Interpreted result protocols from interviews with police officers; Collected and analyzed statistical data;
- o Identified and documented common themes related to life-style factors, eating and physical activity patterns.

<u>University of California, Irvine with Carol Whalen, Ph.D.: MABS Study</u>, 1996-1997 *Research Area*: Attention styles of undergraduate students *Title and Duties (volunteer position):* **Research Assistant**

 Recruited undergraduate students to participate in study of attentional/impulsivity styles via the Continuance Performance Task; Consented and debriefed subjects; Summarized experiment effectiveness in final report.