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Dr. Paymon Rahgozar, MD

Board Certified in Plastic Surgery

Articulate, Board certified Plastic Surgeon with more than 20 years of clinical expertise and 1 years of medical-legal expertise. Highly specialized in Plastic Surgery and particularly Hand Surgery.

EDUCATION

- **University of California Los Angeles (UCLA), Los Angeles, CA (2003)**
Bachelor of Science, Microbiology, Immunology, and Molecular Genetics, Summa Cum Laude
- **Washington University School of Medicine, St. Louis, MO (2007)**
Doctor of Medicine, MD
- **University of California Los Angeles (UCLA), Los Angeles, CA (2008)**
Internship
- **University of California Los Angeles (UCLA), Los Angeles, CA (2010)**
Fellowship
- **University of California Los Angeles (UCLA), Los Angeles, CA (2013)**
Residency
- **University of Southern California, Los Angeles, CA (2016)**
Residency
- **University of Michigan, Ann Arbor, MI (2017)**
Fellowship

PROFESSIONAL EXPERIENCE

- **Los Angeles Bone and Joint Institute, Hand Surgeon (2021 to 2021)**
- **Concentra Urgent Care, Hand/Plastic Surgeon (2021 to present)**
- **LINE Plastic Surgery Center, Cosmetic Surgeon (2021 to present)**

ACADEMIC APPOINTMENTS

- University of California, San Francisco, CA, Assistant Professor (2017 to 2021)

LICENSURE AND CERTIFICATION

- American Board of Surgery
- Certification in the Subspecialty of Hand Surgery
- American Board of Plastic Surgery
- Fluoroscopy X-Ray Supervisor and Operator Permit
- Laser Safety/Biophysics of Laser Applications
- Fundamentals of Laparoscopic Surgery Certification
- California Medical License
- Qualified Medical Evaluator (QME)

PROFESSIONAL MEMBERSHIPS

- American College of Surgeons
- American Society for Surgery of the Hand
- American Society of Plastic Surgeons
- American Association for Hand Surgery

HONORS AND AWARDS

- ASPS Plastic Surgery the Meeting Top 200 Tier 1 Abstract 2020
- ASSH Linscheid-Dobyns Excellence in Wrist Research Award 2017
- ASSH Top Paper Presentation: A Comparative Analysis of Resource 2017
- Outstanding Student Teaching Award 2010
- Cardiothoracic Surgery Junior Resident of the Year 2009
- Harvey Butcher Prize in General Surgery 2007
- International Rotation Scholarship
- NIH Summer Research Grant 2004
- American Heart Association Undergraduate Research Fellowship 2002

FLUENT LANGUAGES

- English
- Spanish
- Farsi

RESEARCH & PUBLICATIONS

Research

- University of California Los Angeles, Div. of Plastic and Reconstructive Surgery, Research Fellow (2010 to 2013)
- Cedars-Sinai Medical Center, Dept. of Plastic and Reconstructive Surgery, Research Fellow (2014 to 2016)
- University of Southern California, Dept. of Orthopedic Surgery, Research Fellow (2014 to 2016)
- University of Michigan, Ann Arbor Section of Plastic Surgery, Research Fellow (2016 to 2017)
- University of California, San Francisco Division of Plastic Surgery, Principal Investigator (2017 to 2021)

Publications

- Park KM, Immerman I, Rahgozar P. Trends in the Management of Pediatric Trigger Thumb in the United States. *Hand (NY)*. 2021 Nov.
- Gonzalez SR, Loomba V, Obi-Osuagwu O, Al-Nowaylati AR, Rahgozar P. Severe Craniofacial Morbidity from a Bean Bag Projectile. *Plastic and Reconstructive Surgery Global Open*. 2021 May.
- Park KM, Tai C, Rahgozar P. Early Recurrent Carpal Tunnel Syndrome in Patients with Mucopolysaccharidoses. *Plastic and Reconstructive Surgery Global Open*. 2021 Mar.
- Withers JA, Lalchandani GR, Halvorson RT, Immerman I, Rahgozar P. Opioid Use following Open versus Endoscopic Carpal Tunnel Release: A Population Study. *Plastic and Reconstructive Surgery Global Open*. 2021 Feb.
- Dayani F, Rahgozar P. Content Evaluation of Integrated Plastic Surgery Residency Program Websites Regarding Sub-Internships. *Plastic and Reconstructive Surgery Global Open*. 2020 Aug.
- Reghunathan M, Rahgozar P, Sbitany H, Srinivasa DR. Breast Reconstruction Does Not Increase the Incidence of Postmastectomy Pain Syndrome: Results of a Meta-Analysis. *Ann Plast Surg*. 2020.
- Lalchandani G, Halvorson R, Rahgozar P, Immerman I. Wide-Awake Local Anesthesia for Minor Hand Surgery Associated with Lower Opioid Prescriptions, Morbidity, and Costs: A Nationwide Database Study. *Journal of Hand Surgery Global Online*. 2019
- Rahgozar P. Thumb Fractures. In Chung K, Lawton J eds. *The University of Michigan's Upper Extremity Fracture Surgery*. Philadelphia: Wolters Kluwer; 2019.

- Gould DJ, Rahgozar P, Nagengast ES, Kulber DA. Use of Acellular Dermal Matrix to Prevent Recurrence of Radioulnar Heterotopic Ossification. *Plastic and Reconstructive Surgery Global*. 2019 Jun 14;7(6):e2257.
- Rahgozar P, Chung KC. Common Congenital Hand Anomalies. In: Chung KC ed. *Grabb and Smith's Plastic Surgery* 8th edition. Philadelphia: Wolters Kluwer; 2019.
- Wang E, Rahgozar P. The Pathogenesis and Treatment of the Stiff Digit. *Clinics in Plastic Surgery*. 2019 Jul;46(3): 339-345.
- Giladi AM, Rahgozar P, Zhong L, Chung KC. Corticosteroid or hyaluronic acid injections to the carpometacarpal joint of the thumb joint are associated with early complications after subsequent surgery. *J Hand Surg Eur Vol*. 2018 Dec;43(10):1106-1110.
- Zhu A, Rahgozar P, Chung KC. Advances in Proximal Interphalangeal Joint Arthroplasty: Biomechanics and Biomaterials. *Hand Clinics*, 2018 May;34(2):185-194.
- Rahgozar Paymon. A fellowship week at the legendary Chang Gung Hospital in Taiwan. *Plastic Surgery News*. July/August 2017.
- Rahgozar P, Zhong L, Chung KC. A Comparative Analysis of Resource Utilization Between Proximal Row Carpectomy and Partial Wrist Fusion. *Journal of Hand Surgery*. 2017 Oct;42(10):773-780.
- § Rahgozar P, Chung KC. Excision of Metacarpal Enchondroma. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Excision of Glomus Tumors. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Excision of Hemangioma of the Hand. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Lumps and Bumps of the Hand and Wrist. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Excision of Malignant Skin Tumors of the Upper Extremity. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Excision of Peripheral Nerve Schwannoma. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.

- Rahgozar P, Chung KC. Procedures to Improve Elbow Extension in Spastic Conditions. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Correcting Flexion Contracture and Augmenting Finger Extension in Spastic Conditions. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Procedures to Improve Grasp in Patients with Spasticity. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Lateral Key Pinch Reconstruction for Spastic Conditions. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Rahgozar P, Chung KC. Augmenting Wrist Extension for Spastic Conditions. In: Chung K, Thorne C, Gosain A, Soltanian H, van Aalst J, Mehrara B, Disa J, Lee G, eds. *Operative Techniques in Plastic Surgery*. Philadelphia: Wolters Kluwer; 2019.
- Billig J, Rahgozar P, Chung KC. Rheumatoid Hand. In: Murphy Jr. R, Herman C, eds. *Introductory Atlas of Reconstructive Plastic Surgery: A Procedural Manual*. New York: Thieme (in production)
- Roostaeian J, Yoon A, Rahgozar P, Tanna N, Crisera C, DaLio A, Festekjian J. Implant-Based Immediate Breast Reconstruction in The Previously Augmented Patient. *Journal of Plastic, Reconstructive and Aesthetic Surgery*. 2015 Apr;68(4):e71-9.
- Roostaeian J, Yoon AP, Sanchez IS, Rahgozar P, Galanis C, Herrera F, Tseng CY, Festekjian JH, Da Lio AL, Crisera CA. The Effect of Prior Abdominal Surgery on Abdominally Based Free Flaps in Breast Reconstruction. *Plast Reconstr Surg*. 2014 Mar;133(3):247e-55e.
- Roostaeian J, Fan K, Sorice S, Tabit CJ, Liao E, Rahgozar P, Tanna N, Bradley JP. Evaluation of Plastic Surgery Training Programs: Integrated/Combined vs. Independent. *Plast Reconstr Surg*. 2012 Jul;130(1):157e-167e
- Gluck JM, Rahgozar P, Ingle NP, Rofail F, Petrosian A, Cline MG, Jordan MC, Roos KP, Maclellan WR, Shemin RJ, Heydarkhan-Hagvall S. Hybrid coaxial electrospun nanofibrous scaffolds with limited immunological response created for tissue engineering. *Journal of Biomedical Materials Research. Part B, Applied Biomaterials*. 2011 Oct;99(1):180-90
- Kealey C, Rahgozar P, Kwon M. Mechanical Circulatory Support. In Culjat M, Singh R, and Lee H. *Medical Devices: Surgical and Image-Guided Technologies*. Hoboken:Wiley. 2012.
- Roos KP, Jordan MC, Fishbein MC, Ritter MR, Friedlander M, Chang HC, Rahgozar P, Han T, Garcia AJ, Maclellan WR, Ross RS, Philipson KD. Hypertrophy and Heart Failure in Mice Overexpressing the Cardiac Sodium-Calcium Exchanger. *Journal of Cardiac Failure*. 2007 May;13(4):318-29.
- Melby SJ, Gaynor SL, Lubahn JG, Lee AM, Rahgozar P, Caruthers SD, Williams TA, Schuessler RB, Damiano RJ Jr. Efficacy and Safety of Right and Left Atrial Ablations on the Beating Heart Using

Irrigated Bipolar Radiofrequency Energy: A Chronic Animal Study. *Journal of Thoracic and Cardiovascular Surgery*. 2006; 132(4):853-60.

- Al-Dadah AS, Voeller RK, Rahgozar P, Lawton JS, Moon MR, Pasque MK, Damiano RJ Jr, Moazami N. Implantable Cardioverter-Defibrillators Improve Survival after Coronary Artery Bypass Grafting in Patients with Impaired Left Ventricular Function. *Journal of Cardiothoracic Surgery*. 2007 Jan 12;2:6.