



**California Medical Evaluators**  
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## **Dr. Mark Pulera, MD**

*Board Certified in Neurology*

*Articulate, Board certified Neurologist with more than 25 years of clinical expertise and 15 years of medical-legal expertise. Highly specialized in Neurology and Sleep Medicine.*

### **EDUCATION**

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- **University of Rochester, Rochester, NY (1988)**  
Bachelor of Science, Neuroscience, Cum Laude
- **Mount Sania School of Medicine, New York, NY (1993)**  
Doctor of Medicine, MD
- **Beth Israel Medical Center, New York, NY (1994)**  
Internship
- **University of California Los Angeles School of Medicine, Los Angeles, CA (1997)**  
Residency – Neurology
- **University of California Los Angeles School of Medicine, Los Angeles, CA (1999)**  
Fellowship - Stroke

### **PROFESSIONAL EXPERIENCE**

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- **Private Practice, Neurologist (1999 to present)**
- **Malana Medical Spa, Medical Director (2007 to 2009)**

### **LICENSURE AND CERTIFICATION**

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- American Board of Psychiatry and Neurology
- California Board Certified Medical License
- Agreed Medical Evaluator in Neurology
- Qualified Medical Evaluator (QME)

## PROFESSIONAL MEMBERSHIPS

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- American Academy of Neurology
- American Academy of Sleep Medicine
- American Stroke Association Stroke Council
- Medical Spa Society
- American Society of Laser Medicine and Surgery

## HONORS AND AWARDS

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- American Heart Association Research Fellowship (*July 1997-June 1999*)
- American Heart Association George and Edna Lievre Family Research Award for Highest Rated Research Application (*May 1997*)
- Co-Winner UCLA Resident's Research Competition (*May 1997*)
- Transcranial Doppler Fellowship, UCLA (*May 1996*)
- NIH Research Fellowship (*June 1989 and June 1990*)
- Research Associate for Dr. David Felten, Department of Neurobiology, Strong Memorial Hospital, University of Rochester, Rochester, NY (*July 1987-August 1989*)
- Dean's List, Reagent's Scholarship, Alumni Regional Scholarship (*1984-1989*)

## RESEARCH & PUBLICATIONS

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### Research

Strong Memorial Hospital Cancer Center, University of Rochester, NY, Laboratory Assistant (1989 to 1989)

### Publications

**Pulera MR**, Adams LM, Liu H, Santos DG, Nishimura R, Yang F, Cole GM, Wasterlain CG. *Apoptosis in A Neonatal Rat Model of Cerebral Hypoxia-Ischemia*. Stroke. 1998; 29:2622-2630.

**Pulera MR**, Adams L, Santos D, Nishimura R, Wasterlain CG. *7-Nitroindazole Prevents DNA Fragmentation in Ischemic Neonatal Rat Dentate Gyrus and Cortex*. Soc Neurosci Abstr, vol. 23, part 2, p.2254, 1997.

Sankar R, Shin D, Lezama H, Santos D, **Pulera MR**, Shinmei S, Allen S, Wasterlain CG. *Seizure-induced Apoptosis and Necrosis in the Developing Rat Brain Is Age Dependent*. Soc Neurosci Absr, vol 23, part 1, p.807, 1997.

**Pulera MR**, Adams L, Santos D, Nishimura R, Wasterlain CG. *DNA Fragmentation in Ischemic Neonatal Rat Dentate Gyrus and Cortex*. Presented at the Annual American Neurological Association Meeting, San Diego, CA, September 1997.

**Pulera MR** and Saver J. *Unilateral Motor Persistence (Catalepsy) as A Manifestation of Hemispatial Neglect*. *Journal of Neuropsychiatry* 1995;7; 3:407.

**Pulera MR**, Miller A, Spencer R, McEwan B, Stein M. *Activation of Adrenal Steroid Receptors in Rat Brain and Pituitary by Dexamethasone*. *Biological Psychiatry* 1991;29(9A):47A