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Dr. LaMar Sheppard, DC, CSCS *Board Certified in Chiropractic Therapy*

Articulate, Board certified Chiropractor with more than 4 years of clinical expertise and 2 years of medical-legal expertise. Highly specialized in Chiropractic Therapy.

EDUCATION

- **University of California, Berkeley, CA (1999)**
Bachelor of Arts, Political Science
- **Palmer College of Chiropractic West, San Jose, CA (2018)**
Doctor of Chiropractic, DC, Cum Laude

PROFESSIONAL EXPERIENCE

- **LaMar Sheppard, Chiropractor (2018 to present)**

LICENSURE AND CERTIFICATION

- California Board Certified Medical License
- Qualified Medical Evaluator (QME)
- C.H.E.K. Institute, Exercise Coach Certification

PROFESSIONAL MEMBERSHIPS

- American Red Cross
- National Strength and Conditioning Association (NSCA)
- Pi Tau Delta, an International Chiropractic Honor Society
- Functional Range Conditioning (FRC)
- Functional Movement Screen (FMS)

HONORS AND AWARDS

- Finalist for “Clinical Excellence Award” (2018)
- Most Inspirational Trainer Award (2015)

RESEARCH & PUBLICATIONS

Newspaper, Palmer College of Chiropractic

An Alternative View of Pelvic Imbalance.

C-Spine Remixed.

Start with Why in Chiropractic.