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Dr. Mehrdad K. Ariani, MD, FACP, FACC

Board Certified in Cardiology

Articulate, Board certified Cardiologist with more than 30 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Cardiovascular Disease and Interventional Cardiology.

EDUCATION

- **University of Tehran School of Medicine (1986)**
Doctor of Medicine, MD
- **Cedars-Sinai Medical Center, Los Angeles, CA (1990)**
Internship, Internal Medicine
- **Cedars-Sinai Medical Center, Los Angeles, CA (1992)**
Residency, Internal Medicine
- **University of California, Irvine, CA (1995)**
Fellowship, Cardiovascular Disease
- **University of California, Long Beach Memorial Hospital, Irvine, CA (1995)**
Interventional Cardiology

PROFESSIONAL EXPERIENCE

- **Private Practice, Cardiovascular Disease and Interventions Physician (1995 to present)**
- **Northridge Hospital Medical Center, Director of Medical Research (1995 to 2010)**
- **Northridge Hospital Medical Center, Director of Cardiac Research (1998 to 2010)**
- **NHMC Intensive Care Units, Medical Director (2007 to 2020)**
- **Northridge Hospital Medical Center, Chief of Staff (2010 to 2012)**
- **NHMC, Cardiovascular Service Line Medical Director (2012 to present)**
- **Tarzana Hospital, Cardiovascular Medical Director (2014 to 2014)**

ACADEMIC APPOINTMENTS

- University of California Los Angeles, Geffen School of Medicine, Clinical Instructor (1995 to present)

LICENSURE AND CERTIFICATION

- American Board of Internal Medicine
- American Board of Cardiovascular Disease
- American Board of Interventional Cardiology
- California Board Certified Medical License
- North Carolina Board Certified Medical License
- Drug Enforcement Administration (DEA)

PROFESSIONAL MEMBERSHIPS

- American Medical Association
- American College of Cardiology
- American College of Physicians
- Los Angeles County Medical Association
- Society for Cardiovascular Angiography and Interventions

HONORS AND AWARDS

- UCLA Solomon Scholars Award, Excellence in Research (1990, 1991, 1992)
- Paul Rubenstein First Place Award for Excellence in Research (1991, 1992)
- Saul Fox Award, First Place (1992)
- UCLA Best Teacher Award (2008)
- Distinguished Physician Award, Excellence in Healthcare Delivery (2015)

RESEARCH & PUBLICATIONS

Publications

1. Siegel RJ, **Ariani M**, Foster JS, Hashemiz Decastro E, Don Michael TA, Fishbein MC: Cardiovascular applications of therapeutic ultrasound. J Invasive Cardiol 1989; 4; 219-229.
2. Siegel RJ, **Ariani M**, Fishbein MC, Chae JS, Bowers J, Forrester JS: Intravascular imaging: Angioscopy, Ultrasound and the development of three-dimensional

ultrasound reconstruction. Proceeding from the
International congress of Echocardiography, Rome 5-7 April 1990. Edited by A
Dagiani, Elsevier Science Publishers, Amsterdam.

3. Siegel RJ, **Ariani M**, Chae JS, Bowers J, Forrester JS, and FISHBEIN MC:
Histopathologic Validation of angiography and intravascular ultrasound. *Circulation*
1990; 82: III-458.
4. Siegel RJ, Fishbein MC, Chae JS, **Ariani M**, Bowers J, Forrester JS: Comparison of
Fiberoptic angiography and intravascular ultrasound imaging. Abstract 7th
international Congress of Echocardiography, Rome, 5-7 April 1990.
5. **Ariani M**, Fishbein MC, Chae JS, Siegel RJ: Angioscopically guided dissolution
of arterial Thrombus by ultrasound. *J Am Coll Cardiol* 1991;17:278A.
6. Siegel RJ, Cumberland De, DonMichael TA, Myler RK, **Ariani M**, Pflueger R, Fishbein
MC: Ultrasound angioplasty. *J Invasive Cardiol* 1991; 3:135-143.
7. Siegel RJ, **Ariani M**, Fishbein MC, Chase JS, ParkJC, Maurer G, Forrester JS:
Histopathologic Validation of angiography and intravascular ultrasound. *Circulation*
1991 Jul; 84(1): 109-17.
8. Coy KM, Park JC, Sheffer A, Smith A, **Ariani M**, Chae JS, Siegel RJ: Spontaneous
Echo contrast effect as an indicator of a flow limiting coronary stenosis. *Am J*
Cardiol 1991; 68(2); 276-277.
9. **Ariani M**, Fishbein MC, Chase JS, Sadeghi H, DonMichael TA, Dubin SB, Siegel RJ:
Dissolution of peripheral arterial clot by ultrasound. *Circulation* 1991; 84:1680-
1688.
10. Demer LL, **Ariani M**, Siegel RJ: High-Intensity ultrasound improves
distensibility of calcific atherosclerotic arteries. *J Am Coll Cardiol* 1991;
18:1259-1262.
11. Siegel RJ, Crew JR, Dean M, **Ariani M**, Cumberland M: Intravascular ultrasound
ablation. In *Intravascular Ultrasound Imaging*, eds Tobis JM and Yook PG,
Churchill Livingstone, New York 1991.
12. **Ariani M**, Fishbein MC, Siegel RJ: Angioscopically guided dissolution of Arterial
thrombi by ultrasound. *J Am Coll Cardiol* 1991; 17:278A.
13. Brodsky MA, Hwang C, Hunter D, Chen PS, Smith D, **Ariani M**, Johnstone WD,

Allen BJ, Chun JG, Gold CR: Life threatening alterations in heart rate after the use of adenosine in atrial flutter. Am Heart J Sep; 130:564-71.

14. Swedberg K, Pfeffer M, Granger C, et al for the CHARM programmes Investigators (Ariani M.). Candesartan in heart failure: assessment of reduction in mortality and morbidity (**CHARM**)-**rationale** and design. J Card Fail 1999; 5:276-82
15. The ALLHAT Officers and Coordinators (**Ariani M.**): Major Cardiovascular Events in Hypertensive Patients Randomized to Doxazosin vs Chlorthalidone. JAMA 2000-Vol 283, No 15
16. The ALLHAT Officers and Coordinators (**ARIANI, M**): Major Outcomes in High-Risk Hypertensive patients randomized to Angiotensin_converting Enzyme Inhibitor or Calcium Channel Blocker vs. Diuretic
JAMA 2002-Vol 288, No.23. 2981-2997
17. The ALLHAT Officers and Coordinators (**ARIANI, M**): Major Outcomes in Moderately Hypercholesterolemic, Hypertensive Patients randomized to Pravastatin vs. Usual Care.
JAMA 2002-vol 288, No 23. 2998-3007
18. INTEGRITI Investigators (**ARIANI, M**): Combination Reperfusion Therapy With Eptifibatid and Reduced-Dose Tenecteplase for ST-Elevation Myocardial Infarction. JACC Vol. 41, No. 8, 2003
19. McMurray J, Ostergren J, Pfeffer M, et al (**Ariani, M**): Clinical features and Contemporary management of patients with low and preserved heart failure: baseline characteristics of patients in Heart Failure assessment of Reduction in Mortality and morbidity (**CHARM**) programme. Eur J Heart Failure 2003; 5:261-70.
20. Pfeffer MA, Swedberg K, Granger CB, et al (**Ariani, M**). Effects of Candesartan on Mortality and Morbidity in patients with chronic Heart failure: the **CHARM-Overall** programme. Lancet 2003; 362:759-66
21. Kshipra Hemal, Pamela S. Douglas et al (**Ariani, M. Kevin**) Sex Differences in Demographics, Risk Factors, Presentation and Noninvasive Testing in Stable Outpatients with Suspected Coronary Artery Disease: Insights From the PROMISE Trial
J Am Coll Cardiol Img.2016;9(4):337-346