



**California Medical
Evaluators**

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Dr. Alex Sable-Smith, MD, MPH
Board Certified in Anesthesiology

Articulate, Board certified Anesthesiology with more than 5 years of clinical expertise of medical-legal expertise. Highly specialized in Internal Medicine and Family Medicine.

CLINICAL TRAINING

- **Fellowship, Pain Management** (2001)
Stanford University, Palo Alto, CA
- **Fellowship, Hospice and Palliative Medicine** (Jul 2017-Jul 2018)
Stanford University, Palo Alto, CA
- **Residency, Family Medicine** (Jun 2014-Jun 2017)
University of Colorado Anschutz Medical Campus, Aurora, CO

PROFESSIONAL EXPERIENCE

- **Pain Medicine Physician** (Jul 2022-Present)
Feinberg Medical Group, Palo Alto, CA

- **Qualified Medical Evaluator, Family Medicine, and Pain Medicine** (Apr 2021-Present)
California Division of Worker’s Compensation
- **Fee Basis Physician, Extended Care Service** (Sept 2021-Present)
VA Palo Alto, Palo Alto, CA
- **Per Diem Urgent Care Physician** (Nov 2020-Nov 2022)
Dignity-Go Health Urgent Care, San Francisco, CA
- **Interventional Pain Management Physician** (Sept 2021-March 2022)
Apex Pain and Wellness, Foster City, CA
- **Staff Physician, Extended Care Service** (Sept 2018-Sept 2019, Dec 2020-Sept 2021)
VA Palo Alto, Palo Alto, CA
- **Clinical Assistant Professor (Affiliated)** (May 2019-Sept 2019)
Stanford University School of Medicine, Stanford, CA
(Resigned by requirement when I began pain fellowship)
- **Hospice Home Care Physician** (Jul 2018-Sept 2019)
VITAS Healthcare, San Mateo, CA

BOARD CERTIFICATION AND LICENSE

- **American Board of Family Medicine** (2017-2027)
- **Hospice and Palliative Medicine (American Board of Internal Medicine)** (2018-2028)
- **Pain Medicine (American Board of Anesthesiology)** (2021-2031)
- **State Medical License, California (A150206)** (Exp. Jul 31, 2023)
- **DEA (FS6928379)** (Exp. Feb 28, 2023)
- **California Qualified Medical Evaluator Exam Passed** (2021)
- **California Fluoroscopy Supervisor and Operator (RH00205984)** (Exp Mar 31, 2023)

EDUCATION

- **University of Missouri School of Medicine, Columbia, MO** (2014)
MD
- **University of Missouri, Columbia, MO** (2014)
Master in Public Health
- **Colorado College, Colorado Springs, CO** (2008)
BA in Neuroscience
- **International Honors Program, Boston University, Boston, MA** (2007)
Health and Community Semester Abroad in India, China, and South Africa

TEACHING

- **Curriculum Lead, Pain Management** (May 2021-May 2022)
Lead a longitudinal thread on pain management for the Stanford Hospice and Palliative Care fellowship. I present didactic lectures approximately five times during the academic year and coordinate other pain-related lectures given by other faculty members.
- **Interviewer, Stanford Hospice and Palliative Medicine Fellowship** (2018, 2021)
I interview approximately twenty candidates each application cycle for the palliative care fellowship program. This entails application review, interviews, documentation, and deliberation during selection process.
- **Sympathetic Blocks for Visceral Pain** (June 2020)
Presented to Stanford palliative care team
- **Designing for Death and Legacy, Stanford d. School** (September 2018-Feb 2019)
Creating a 3-session “pop-out” course which will use immersive experiences to help students gather insights and design for the end-of-life experience
- **End of Life Nursing Education Consortium (ELNEC)** (May 201-Sep 2019)
Taught principles of pain management to nurses and social workers in the VA Palo Alto Healthcare system
- **Practice of Medicine Course, Stanford University School of Medicine** (April 2018)
Taught one 2-hour seminar on advance care planning and one 2-hour seminar on no pain symptom management to the second-year medical school class

LEADERSHIP

- **Fellowship Curriculum Ambassador** (Jul 2017-Jul 2018)
Champion of curriculum improvement in the Stanford Hospice and Palliative Medicine fellowship
- **Family Medicine Advocacy Group** (2016-2017)
Improved visibility of family medicine careers for medical students at University of Colorado. Developed “Today in Clinic” YouTube series where residents recall meaningful clinical experiences in vignettes
- **Assistant Director for Patient Education and Special Programs, Med Zou Clinic**, (2011-2012)
Served as Director of Diabetes Care specialty night and supervised the Diabetes Case Manager program at this student-run free clinic of the University of Missouri

PROFESSIONAL DEVELOPMENT

- **Clinical Teacher Seminar Series** (Oct 2017)
Stanford Faculty Development Center for Medical Teachers, Palo Alto, CA
- **Advancing Communication Excellence at Stanford (ACES)** (Oct 2017)
Stanford University, Palo Alto, CA
- **Wednesday Night Writes, Medicine, and the Muse Program** (Aug 2017-Jul 2018)
Stanford University, Palo Alto, CA
- **Medical Unit Resident Intern**, ABC News, New York, NY (Jun 2016)

PUBLICATIONS AND PRESENTATIONS

- **News media**

1. **Sable-Smith, A.** (2016, June 13). Teens Who Vape May Be More Likely to Smoke Cigarettes Later, Study Finds. *ABC News*. Retrieved from <https://abcnews.go.com/Health/teens-vape-smoke-cigarettes-studyfinds/story?id=39819819>

2. Ganju, A., **Sable-Smith, A.** and Nedelman, M. (2016, June 28). Overhauling Mental Health Care Is Not a Cure-All for Reducing Gun Crime, Experts Say. *ABC News*.

Retrieved from <https://abcnews.go.com/Health/overhauling-mental-health-care-silverbullet-reducing-gun/story?id=40193010>.

- **Peer-Reviewed Articles**

1. **Sable-Smith, A.**, Hiroto, K., and Periyakoil, V. (2020). Assessment and Treatment of PTSD at the End of Life. Palliative Care Fast Fact #398. <https://www.mypcnow.org/fastfact/assessment-and-treatment-of-ptsd-at-the-end-of-life/>
2. **Sable-Smith, A.**, Arnett, K., Nowels, M., Lum, H., Nowels, D. (2017). Interactions with the Healthcare System Influence Advance Care Planning Activities: Results From a Representative Survey in 11 Developed Countries. *Family Practice*, cmx113.
3. Sitaraman, D., Zars, M., LaFerriere, H., Chen, Y., **Sable-Smith, A.**, Kitamoto, T., Rottinghaus, G., and T. Zars. (2008). Serotonin is necessary for place memory in *Drosophila*. *PNAS*, 105, 5579-5583.

- **Textbook Chapters**

Sable-Smith, A. and Ottestad, E. *Peripheral Nerve Stimulation*. In: Jankovic, D and Peng, P, eds. *Regional Nerve Blocks in Anesthesia and Pain Therapy: Traditional and Ultrasound-Guided Techniques*. Fifth ed. Springer (2022).

- **Posters and Presentations**

1. **Sable-Smith, A.** and Egan, B. "It is in the Genes: Evolving Prognostication in Glioblastoma." Case poster presentation at 2018 Annual Assembly of the American Academy of Hospice & Palliative Medicine (March 2018)
2. Arnett, K. & **Sable-Smith, A.** "What Factors Influence Advance Care Planning in Developed Countries." Oral presentation at the North American Primary Care Research Group Annual Conference (November 2016).
3. **Sable-Smith, A.**, Arnett, K., Nowels, M., Lum, H., Nowels, D. "What Factors Influence Advance Care Planning In Developed Countries?" Poster presentation at the University of Colorado Anschutz Medical Campus Palliative Care Days (November 2016).

RESEARCH EXPERIENCE

- **Research Assistant, University of Missouri, Columbia, MO** (2013-2014)
Mentor: Jane McElroy, PhD, Dept. of Family and Community Medicine
Collected and analyzed data on smoking cessation program for LGBT individuals
- **Research Assistant, University of Missouri, Columbia, MO** (2013-2014)
Mentor: Richelle Koopman, MD, Dept. of Family and Community Medicine
Investigated the use of graphic display of laboratory and vital sign data in two primary

care practice settings, one in which laptops are used and another in which a 30-inch screen is used to display the electronic health record.

PREVIOUS WORK EXPERIENCE

- **Physician advisor, IDEO, San Francisco, CA** (Sep-Oct 2017)
Engaged and advised learners in the Insights for Innovation: Healthcare Spotlight, a course on the IDEO U online learning platform
- **Program Director/Educator, Cool Science, Colorado Springs, CO** (Aug 2008-May 2009)
Engaged elementary and middle school students with “cool” science demonstrations. Actively maintained community partnerships between Cool Science and organizations in many sectors. Maintained a dynamic and demanding schedule. Organized volunteers for large events.

AWARDS AND RECOGNITION

- **Family Medicine Advocacy Award** (Jun 2017)
- **Master of Public Health Research Award** (May 2014)
- **Ruby T. McVean Family Medicine Scholarship** (May 2014)
- **Harold and Elfriede Tachman Memorial Award** (May 2014)
- **Harvey Howitt, MD Memorial Scholarship** (May 2013)

PROFESSIONAL MEMBERSHIPS

- **Member**, Pacific Pain & Spine Society (2021-Present)
- **Member**, International Association for the Study of Pain (2022-Present)
- **Member**, ASRA Pain Medicine (2022-Present)
- **Member**, American Academy of Pain Medicine (2019-Present)

- **Member, American Academy of Hospice and Palliative Medicine** (2017-Present)
- **Member, American Academy of Family Physicians** (2014-Present)