



California Medical Evaluators
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Dr. Mehr Karamat, MD, PMH-C, QME
Board Certified in Psychiatry

Articulate, Board certified Psychiatrist with more than 16 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Psychiatry.

EDUCATION

- **St. Christopher's College of Medicine, Luton, England (2006)**
Pre-Medical Degree
- **Ross University, Dominica, West Indies (2011)**
Doctor of Medicine, MD
- **Hennepin-Regions Psychiatry Training Program (2015)**
Post Graduate Training
- **Penn State Hershey Child & Adolescent Psychiatry, Hershey, PA (2014)**
Fellowship
- **Minnesota Psychoanalytic Society & Institute (2016)**
Psychoanalytic Psychotherapy Training Program
- **Postpartum Support International (2021)**
Perinatal Mental Health Certification, PMH-C

PROFESSIONAL EXPERIENCE

- **Regions Hospital Behavioral Health, Psychiatrist (2013 to 2016)**
- **Hennepin County Medical Center, Psychiatrist (2016 to 2016)**
- **UCLA-Kern Medical, Psychiatrist (2016 to 2017)**
- **Nystrom & Associates, LTD, Psychiatrist (2017 to 2019)**
- **Bakersfield Behavioral Healthcare Hospital, Psychiatrist (2019 to 2020)**
- **Kern Psychiatric Health & Wellness, Psychiatrist (2017 to present)**

- **Perinatal Psychiatric Wellness Center, CA & MN, Psychiatrist** (2021 to present)
- **Thriving Minds Psychiatric Services of California, Psychiatrist** (2021 to present)

ACADEMIC APPOINTMENTS

- **UCLA-Kern Medical Psychiatry Training Program, Faculty** (2016 to 2017)
- **Ross University School of Medicine, Faculty** (2016 to 2017)

LICENSURE AND CERTIFICATION

- **American Board of Psychiatry and Neurology (ABPN) Certification**
- **California Board Certified Medical License**
- **Minnesota Board Certified Medical License**
- **Drug Enforcement Administration (DEA) Certification**
- **Psychoanalytic Psychotherapy Certification**

PROFESSIONAL MEMBERSHIPS

- **American Psychiatric Association (APA)**
- **Minnesota Psychiatric Society (MPS)**
- **American Medical Association (AMA)**
- **Minnesota Medical Association (MMA)**
- **Central California Psychiatric Society**