



California Medical Evaluators  
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**Dr. Ardalan Alen Nourian, MD, QME**  
*Board Certified in Orthopedic Surgery*

*Articulate, Board certified Orthopedic Surgeon with more than 15 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Orthopedic Surgery and Spinal Surgery.*

## EDUCATION

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- **University of California, Los Angeles, CA (2005)**  
Bachelor of Arts, Economics, Summa Cum Laude
- **University of Southern California Keck School of Medicine, Los Angeles, CA (2009)**  
Doctor of Medicine, MD
- **SUNY Downstate Department of Orthopedics, Brooklyn, NY (2014)**  
Residency, Chief Resident Orthopedic Surgery
- **San Diego Center for Spinal Disorders, San Diego, CA (2015)**  
Fellowship, Orthopedic Spine Surgery

## PROFESSIONAL EXPERIENCE

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- **Ventura Orthopedics, Orthopedic Spine Physician (2015 to present)**
- **Simi Valley Hospital, Orthopedic Spine Physician (2017 to present)**
- **US HealthWorks, Orthopedic Spine Physician (2018 to present)**

## LICENSURE AND CERTIFICATION

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- California Board Certified Medical License
- Qualified Medical Evaluator (QME)

## HONORS AND AWARDS

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- Graduated in the top 1% of the undergraduate class
- Golden Key National Honor Society President (UCLA)
- Alpha Omega Alpha (AOA) Award, only given to top 10% of graduates (USC)
- Step 1 Score: 243 (USC)

## RESEARCH & PUBLICATIONS

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### Research

Immunoscience Laboratory, *Researcher Assistant January 2003-May 2005*

Department of Neurosurgery at USC, *Researcher Assistant January 2006-April 2007*

SUNY Downstate Department of Orthopedics, *Researcher Assistant March 2011-May 2012*

SUNY Downstate Department of Orthopedics, *Researcher Assistant January 2012-May 2014*

### Publications

Nourian, AA and Eastlack, R. "Effect of Anatomic Variable and Level of Approach on Perioperative Vascular Complications with Anterior Lumbar Interbody Fusion". *Spine* 2016, Jan

Nourian, AA and Akbarnia, BA. "Do Longer Surgical Procedures Result in Greater Contamination of Surgeons' Hands?". *Clin Orthop Relat Res* 2016, Jul

Nourian, AA and Vojdani, A. "Heat Shock Protein and Gliadin Peptide Promote Development of Peptidase Antibodies in Children with Autism and Patients with Autoimmune Disease." *Clinical and Diagnostic Laboratory Immunology*, May 2004, p. 515-524, Vol. 11, No. 3

Nourian, AA and Vojdani, A. "Immune Response to Dietary Proteins, Gliadin and Cerebellar Peptides in Children with Autism". *Nutritional Neuroscience*