



California Medical Evaluators  
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## **Dr. Jose Puangco, MD, QME** *Board Certified in Neurology*

*Articulate, Board certified Neurologist with more than 25 years of clinical expertise and 1 year of medical-legal expertise. Highly specialized in Neurology, Sleep Medicine, and Sleep Disorders.*

### **EDUCATION**

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- **University of Texas, Arlington, TX (1996)**  
Bachelor of Science, Nursing
- **University of Texas at Houston Medical School, Houston, TX (2003)**  
Doctor of Medicine, MD

### **NEONATAL NURSING CRITICAL CARE INTERNSHIP**

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- **Methodist Hospitals of Dallas, Dallas, TX (1997)**  
Internship

### **MEDICAL INTERNSHIP**

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- **University of Southern California, Los Angeles, CA (2004)**  
Internship, Internal Medicine

### **NEUROLOGY RESIDENCY**

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- **University of Southern California, Los Angeles, CA (2007)**  
Internship, Neurology

### **NEUROLOGY FELLOWSHIPS**

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- **Discovery Institute of Medical Education and Berlex Inc., Chicago, IL (2006)**  
Mini-Fellowship, Multiple Sclerosis
- **University of Southern California, Los Angeles, CA (2007)**  
Fellowship, Electrodiagnostic Medicine

- **The J. Kiffin Penry Mini-Fellowship in Epilepsy, Wake Forest University School of Medicine, Winston-Salem, NC (2007)**  
Mini-Fellowship, Epilepsy
- **University of Southern California, Los Angeles Veterans Administration Hospital, Los Angeles, CA (2008)**  
Fellowship, Neurophysiology and Sleep Medicine

## STAFF POSITIONS

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- **Hoag Memorial Hospital Presbyterian, Chief of Sleep Medicine (2010 to present)**
- **Newport Neurohospitalists Medical Group, Inc., CIO and Director of Clinical Operations (2012 to present)**
- **Hoag Memorial Hospital Presbyterian, Neurohospitalist (2010 to present)**
- **Hoag Memorial Hospital Presbyterian, Sleep Medicine Specialist (2010 to present)**
- **United Sleep Centers, Medical Director (2014 to 2020)**
- **Ambulatory Sleep Medicine, Medical Director (2011 to 2014)**
- **Hoag Memorial Hospital Presbyterian, Chair of Neurology (2014 to 2016)**
- **Hoag Memorial Hospital Presbyterian, Vice-Chair of Neurology (2013 to 2014)**
- **University of Southern California, Clinical Instructor of Neurology (2007 to 2010)**
- **Southern California Permanente Medical Group, Staff Neurologist, Specialities of Neurology, Neurophysiology, Sleep Medicine, and Electrodiagnostic Medicine (200 to 2010)**

## PROFESSIONAL EXPERIENCE

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- **San Francisco General Hospital, Assistant Neurosurgeon (2009 to 2010)**
- **UCLA Medical Center, Chief Neurosurgeon (2011 to 2015)**
- **Smith and Associates Medical Group (2010 to present)**

## LICENSURE AND CERTIFICATION

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- American Board of Psychiatry and Neurology, Diplomate
- American Board of Sleep Medicine, Diplomate
- California Board Certified Medical License
- Texas Nursing License
- Texas Board of Nurse Examiners

## OTHER CERTIFICATIONS

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- Course in Protection of Human Research Subjects
- Brain Death Examinations
- Cognitive Behavioral Treatment of Insomnia

## OTHER TRAINING AND EXPERIENCE

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- Neonatal Critical Care and Care Flight (1996 to 1997)  
Methodist Hospitals of Dallas  
Dallas, TX
- Neonatal Critical Care and Pediatric Med-Surg  
Arlington Memorial Hospital  
Arlington, TX

## PROFESSIONAL MEMBERSHIPS

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- California Sleep Society
- American Academy of Neurology
- American Academy of Sleep Medicine
- Los Angeles Neurological Society
- Los Angeles Stroke Society
- Association of California Neurologists
- California Medical Association
- American Medical Association
- American Nursing Association
- Texas Nurses Association

## COMMITTEES

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2017 to 2018	Epic EMR Implementation Hoag Hospital, Newport Beach, CA Physician Chamption
2016 to present	NFL Brain and Body Program Hoag Hospital, Newport Beach, CA Sleep Physician

2011 to present	Sleep Advisory Board Committee Hoag Hospital, Newport Beach, CA Chair
2011 to present	Physician / Nurse Collaborative Practice Hoag Hospital, Newport Beach, CA Member
2011 to present	Stroke Process Improvement Team Hoag Hospital, Newport Beach, CA Member
2011 to present	Neurosciences Institute Advisory Board Hoag Hospital, Newport Beach, CA Member
2011 to present	Insomnia Program Hoag Hospital Newport Beach, CA Chair
2011 to present	Orange County Vital Aging Program Newport Beach, CA Expert Panelist
2011 to 2016	Medical Design Committee Hoag Hospital, Newport Beach, CA Neurology Champion
2011 to 2016	Future State Development for Electronic Medical Records Hoag Hospital Newport Beach, CA Neurology Champion
2008 to 2010	Pharmacy and Treatment Neurology Representative for Kaiser <i>Review adverse drug reactions with medications and treatments to increase patient safety.</i>
2008 to 2010	Drug Utilization Action Team Neurology Sleep Champion for Kaiser <i>Discuss which medications provide the best treatments for patients.</i>
2008 to 2010	Sleep Well Program involving Cognitive Behavioral Treatment for Insomnia for Kaiser Chair

## COMMITTEES DURING TRAINING

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### University of Texas at Arlington

- Nursing Constituency Council, 1994-1996
- Student Affairs Committee, 1992-1996
- University Center Committee, 1992-1996

### UT Houston Medical School

- Chaired Earth Care Association, 1999
- Asian Medical Student Association, 1999-2003
- Medical School Evaluation Committee, 1999-2003

### Medical Internship

- USC Residency Curriculum Committee, 2003

### Neurology Residency

- USC Residency Curriculum Committee, 2004-2007
- USC Graduate Medical Education Committee, 2004-2007
- Los Angeles County Quality Control Committee, 2004-2007

## TEACHING ACTIVITIES

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- Lectures to nursing students on neonatal critical care, 1997
- Introduction to Clinical Medicine to USC 1<sup>st</sup> year medical students, 2003-2004
- Neurology lectures to medical students, 2004-2007
- Neurology lectures to Internal Medicine Residents, 2004-2007
- Neurology lectures to Neurology Residents, 2005-Present

## HONORS AND AWARDS

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- Honors at Entrance  
Grapevine High School, 1988
- Honors at Commencement  
Grapevine High School, 1992
- Honors at Entrance  
University of Texas at Arlington, 1992
- Health Professions Scholarship  
University of Texas at Arlington, 1994
- Golden Key National Honor Society, 1995
- Most Outstanding Nursing Student

University of Texas at Arlington, 1996

- Best Clinical Nursing Skills  
University of Texas at Arlington, 1996
- Highest Honors  
Neonatal Critical Care Nursing Internship  
Methodist Hospitals of Dallas, 1997
- Nominated for the AOA Teaching Award  
This is amongst all the residency programs at USC University of Southern California, 2006
- for Best Resident of the Year  
This is amongst all the residency programs at USC University of Southern California, 2006
- Recipient of the Parkinson's Disease and Multiple Sclerosis Forum Scholarship from the University of Alabama, 2006
- Recipient of the Mini-Fellowship in Multiple Sclerosis Scholarship from the Discovery Institute of Medical Education and Berlex Inc., 2006
- Recipient of the 2007 American Academy of Neurology Scholarship  
Annual Meeting Resident Scholarship, 2007
- Recipient of the Victor M Victoroff, M.D. Award  
For Compassionate Care of Patients in Clinical Neurology  
June 9, 2007
- Recipient of the J. Kiffin Penry Mini-Fellowship in Epilepsy Scholarship  
Wake Forest University School of Medicine  
Winston-Salem, North Carolina  
September 15-21, 2007

## RESEARCH & PUBLICATIONS

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### Research

Sub-Investigator: Protocol No DALF-PS-1029

An Extension Study to Evaluate the Long-Term Safety, Tolerability and Efficacy of Dalfampridine Extended-Release Tablets for the Treatment of Chronic Post-Ischemic Stroke  
Walking Deficits in Subjects Who Participated in the DALFPS-1016 Study (MILESTONE) December 2015

Protocol No DALF-PS-1016

A Double-Blind, Placebo-Controlled, Parallel-Group Study to Evaluate the Efficacy and Safety of Two Dose Strengths of Dalfampridine Extended Release Capsules for Once Daily Administration for Treatment of Stable Walking Deficits in Post-Ischemic Stroke (MILESTONE) Sub-Investigator October 2014-

A Phase 3, Randomized, Placebo-Controlled, Double-Blind Study of the Combined Lysis of Thrombus with Ultrasound and Systemic Tissue Plasminogen Activator (tPA) for Emergent Revascularization (CLOTBUST-ER) in Acute Ischemic Stroke. Sub-Investigator October 2014- May 2015

Protocol ML29093

A PHASE IIIb, DOUBLE-BLIND, MULTICENTER STUDY TO EVALUATE THE EFFICACY AND SAFETY OF ALTEPLASE IN PATIENTS WITH MILD STROKE: RAPIDLY IMPROVING SYMPTOMS AND MINOR NEUROLOGIC DEFICITS (PRISMS) Sub-Investigator 2014-December 2015

A Randomised, Double-Blind, Multinational Study to Prevent Major Vascular Events with Ticagrelor Compared to Aspirin (ASA) in Patients with Acute Ischaemic Stroke or TIA (D5134C00001). Sub-Investigator 2013-December 2015

Acorda DALF-PS-1003: A Phase 1b Study of Dalfampridine 10 mg Extended Release Tablet in Subjects with Chronic Deficits After Ischemic Stroke. Sub-Investigator, 2012-2013

ASBI 801 Study- A Multicenter Observational Study to Evaluate the Simplified-STroke REhabilitation Assessment of Movement (S-STREAM) Scale in Subjects Obtained Between 24 and 48 Hours of a Nonhemorrhagic Ischemic Stroke. Sub-Investigator, 2011-2013

GEN-002 A Phase 2, Double-Blind, Placebo-Controlled Dose Escalation Study to Evaluate the Efficacy and Safety of GM602 in Patients with Acute Middle Cerebral Artery Ischemic Stroke Within an 18-Hour treatment Window. *Genervon Biopharmaceuticals, LLC*. Sub-Investigator, 2011-2014

Antihypertensive Treatment of Acute Cerebral Hemorrhage (ATACH)-II: A Phase III Randomized Multicenter Clinical Trial of Blood Pressure Reduction for Hypertension in Acute Intracerebral Hemorrhage. *National Institute of Neurological Disorders and Stroke (NINDS), Bethesda, Maryland, United States 20110757*. Sub-Investigator, 2011-2014

Co-Investigator: THE FIELD ADMINISTRATION OF STROKE THERAPY – MAGNESIUM (FAST- MAG) PHASE 3 CLINICAL TRIAL. Multicenter, randomized, placebo-controlled, double-blind, parallel group trial of intravenous magnesium sulfate initiated by paramedics in the field within 2 hours of symptom onset in 1700 patients with acute stroke.

UO1 NS044364 National Institute of Neurologic Disorders and Stroke - National Institute of Health. 2011-2013

- Mitsubishi Study – A Phase II, randomized, double-blind, placebo-controlled, 24-week dose finding study to evaluate the efficacy and safety of 20 mg, 40 mg, and 80 mg of MCC-257 in patients with mild to moderate diabetic polyneuropathy. Checking the correlation of dermal changes with mild diabetic neuropathy
  - o Co-Investigator with Dr. Said Beydoun, MD – USC Department of Neurology, Director of Neurophysiology
- Mitsubishi Study Extension – Long-term safety and efficacy study of open-label treatment with 80mg MCC-257 in patients with mild to moderate polyneuropathy: A 24-week open label extension after completion of study MCC-257/A03
  - o Co-Investigator with Dr. Said Beydoun, MD – USC Department of Neurology, Director of Neurophysiology
- Allergan Study – A multi-center, double-blind, randomized, placebo-controlled, multiple dose, parallel design, dose ranging study of the safety and efficacy of AGN 203818 in patients with painful diabetic peripheral neuropathy.
  - o Co-Investigator with Dr. Said Beydoun, MD – USC Department of Neurology, Director of Neurophysiology
- Johnson and Johnson Study – A randomized, double-blind, placebo-controlled, parallel-group with a crossover confirmation period study of RWJ-333369 for the treatment of postherpetic neuralgia
  - o Co-Investigator with Dr. Said Beydoun, MD – USC Department of Neurology, Director of Neurophysiology
- Johnson and Johnson Study – A randomized, double-blind, placebo-controlled, crossover study of RJW-333369 for the treatment of neuropathic pain in diabetic peripheral neuropathy
  - o Co-Investigator with Dr. Said Beydoun, MD – USC Department of Neurology, Director of Neurophysiology

**Projects:**

Develop a Cognitive Behavioral Therapy Program for patients with Insomnia  
Hoag Memorial Hospital Presbyterian Newport Beach, CA 2011-

Develop a database system to track epilepsy patients  
University of Southern California, 2006

Track stroke patients retrospectively and prospectively to help gather data in order to create a stroke center for  
Los Angeles County.

**Presentations:**

Sleep and COVID  
Newport Beach, CA  
February 11, 2021

Inspire Medical Device  
Newport Beach, CA  
November 19, 2020

Approach to sleep disorders  
Newport Beach, CA  
February, 2020

Memory and Sleep  
Newport Beach, CA  
February, 2020

Neuroscience Symposium  
Stroke and Sleep  
Newport Beach, CA  
November 9, 2019

Sleep and wellness  
Newport Beach, CA  
July 25, 2019

Stroke and Sleep  
Newport Beach, CA  
June 14, 2019

Advances in Sleep Apnea  
Newport Beach, CA  
May 16, 2019

Sleep Disorders  
Newport Beach  
June 20, 2017



LA Times Column on Sleep  
<http://www.latimes.com/socal/daily-pilot/opinion/tn-dpt-me-commentary-sleep-20180312-story.html>  
March 13, 2018

Sleep Disorders  
Newport Beach  
July 21, 2017

General Sleep Talk  
Newport Beach, CA  
April, 27, 2017

General Sleep Talk  
Huntington Beach, CA  
December 13, 2016

General Sleep Talk  
Newport Beach, CA  
November 10, 2016

General Sleep Talk  
Irvine, CA  
October 19, 2016

LA Times Column on Daylight Savings Time  
<http://www.latimes.com/socal/daily-pilot/opinion/tn-dpt-me-0312-reader-report-20160311-story.html>  
March 11, 2016

Stroke and Sleep  
Hoag Annual Sleep Symposium  
Newport Beach, CA  
March 4, 2016

CBS News on Insomnia  
November 4, 2015  
<http://losangeles.cbslocal.com/2015/11/04/doctor-treats-insomnia-in-patients-through-6-week-sleep-school-program/>

Dreams  
Hoag Annual Sleep Symposium  
Newport Beach, CA  
March 6, 2015

Sleep Apnea  
Newport Beach, CA  
March 2, 2015

Sleep Disorders  
Newport Beach, CA  
Jan 22, 2015

Inspire Therapy for OSA

Hoag Hospital, Newport Beach, CA  
Sept 24, 2014

Women and Sleep  
Hoag Hospital, Newport Beach, CA  
April 11, 2014

Women and Sleep  
Hoag Hospital, Newport Beach, CA  
October 23, 2013

Sleep Disorders  
Hoag Outpatient, Irvine, CA  
May 16, 2013

Insomnia  
Hoag Hospital, Irvine, CA  
May 1, 2013

Sleep Disorders  
Hoag Hospital, Newport Beach CA  
March 15, 2013

Insomnia  
Hoag Hospital, Newport Beach, CA  
March 5, 2013

Women and Sleep  
Hoag Hospital, Newport Beach, CA  
February 12, 2013

Stroke and Sleep  
Hoag Hospital, Newport Beach, CA  
November 9, 2012

Sleep Grand Rounds  
Hoag Hospital, Newport Beach, CA  
June 9, 2012

Neurology and Sleep  
Hoag Hospital, Newport Beach, CA  
March 15, 2012

Insomnia  
Hoag Hospital, Irvine, CA  
February, 2012

Shift Work Disorder  
Cancer Conference Center  
Hoag Hospital, Newport Beach, CA  
February 3, 2012

Sleep Disorders

Ask a Doctor Section of "To Your Health" Newsletter  
December, 2011

Sleep and Diabetes  
Hoag Hospital, Newport Beach, CA  
October 27, 2011

The Many Faces of Insomnia  
Huntington Beach, CA  
October 19, 2011

Insomnia  
Hoag Hospital, Newport Beach, CA  
May 17, 2011

Insomnia Podcast  
Hoag Hospital, Newport Beach, CA

- "The Role of Acetylcysteine in IV Contrast Nephropathy"  
Internal Medicine Journal Club, University of Southern California, 2004
- "Juvenile Myoclonic Epilepsy"  
Los Angeles County Epilepsy Clinic, University of Southern California, 2005
- "Dilantin"  
Los Angeles County Epilepsy Clinic, University of Southern California, 2005
- "Multiple System Atrophy"  
Neurology Grand Rounds, University of Southern California, 2005
- "Cymbalta"  
Neurology Journal Club, University of Southern California, 2005
- "Moya moya"  
Neurology Grand Rounds, Children Hospitals Los Angeles, 2006
- "Neuroleptic Malignant Syndrome"  
Neurology Grand Rounds, Children Hospitals Los Angeles, 2006
- "Intracerebral Hemorrhage"  
Internal Medicine Morbidity and Mortality Conference, University of Southern California  
November 28, 2006
- "Agensis of the Corpus Callosum"  
Neurology Grand Rounds, Children Hospitals Los Angeles, 2006  
January 9, 2007
- "Sleep Apnea"  
Clinical Neurology News Podcast  
UCLA/ West LA VA  
January 30, 2008
- "Restless Leg Syndrome"

Kaiser Panorama City  
Internal Medicine Grand Rounds  
November 5, 2008

- “Insomnia and Cognitive Behavioral Therapy”  
Kaiser Panorama City  
Internal Medicine Grand Rounds  
December 10, 2008
  - Keynote Speaker  
Pilipino Pre-Health Undergraduate Student Organization (PUSO)  
February 20, 2010
  - “Epilepsy and Sleep”  
UCLA VA  
March 26, 2010
- Advances in Sleep Medicine, Speaker  
Hoag Hospital, Newport Beach, CA  
March 4, 2011

**Conferences:**

- Neurology Residents and Fellows Forum  
San Diego, CA, 2005
- Western Stroke Conference  
Scottsdale, AZ, 2005
- Botox for Dystonia and Spasticity Workshop  
Los Angeles, CA, 2005
- Neuroscience Review  
University of California at Irvine, Irvine, CA, 2006
- Parkinson’s Disease and Multiple Sclerosis Forum  
University of Alabama  
Amelia Island, FA, 2006
- American Academy of Neurology Annual Meeting  
Boston, MA, April- May 2007
- Advances in Sleep Medicine  
Santa Monica, CA February 23, 2008
- AASM Sleep Review  
Scottsdale, AZ  
September 10 – 12, 2009
- Communications Skills Intensive  
San Diego, CA  
May 23 – 26, 2010

- American Academy of Sleep Medicine Annual Meeting  
San Antonio, TX  
June 5 – 8, 2010

Risk Management  
Anaheim, CA  
April 12, 2011

American Academy of Sleep Medicine Annual Meeting  
Minneapolis, MN  
June 10 – 14, 2011

19<sup>th</sup> Annual Southern California Alzheimer's Disease Research Conference  
Irvine, CA  
September 30, 2011